

CDPH Behavioral Health Programming Update

Dr. Wilnise Jasmin, MD

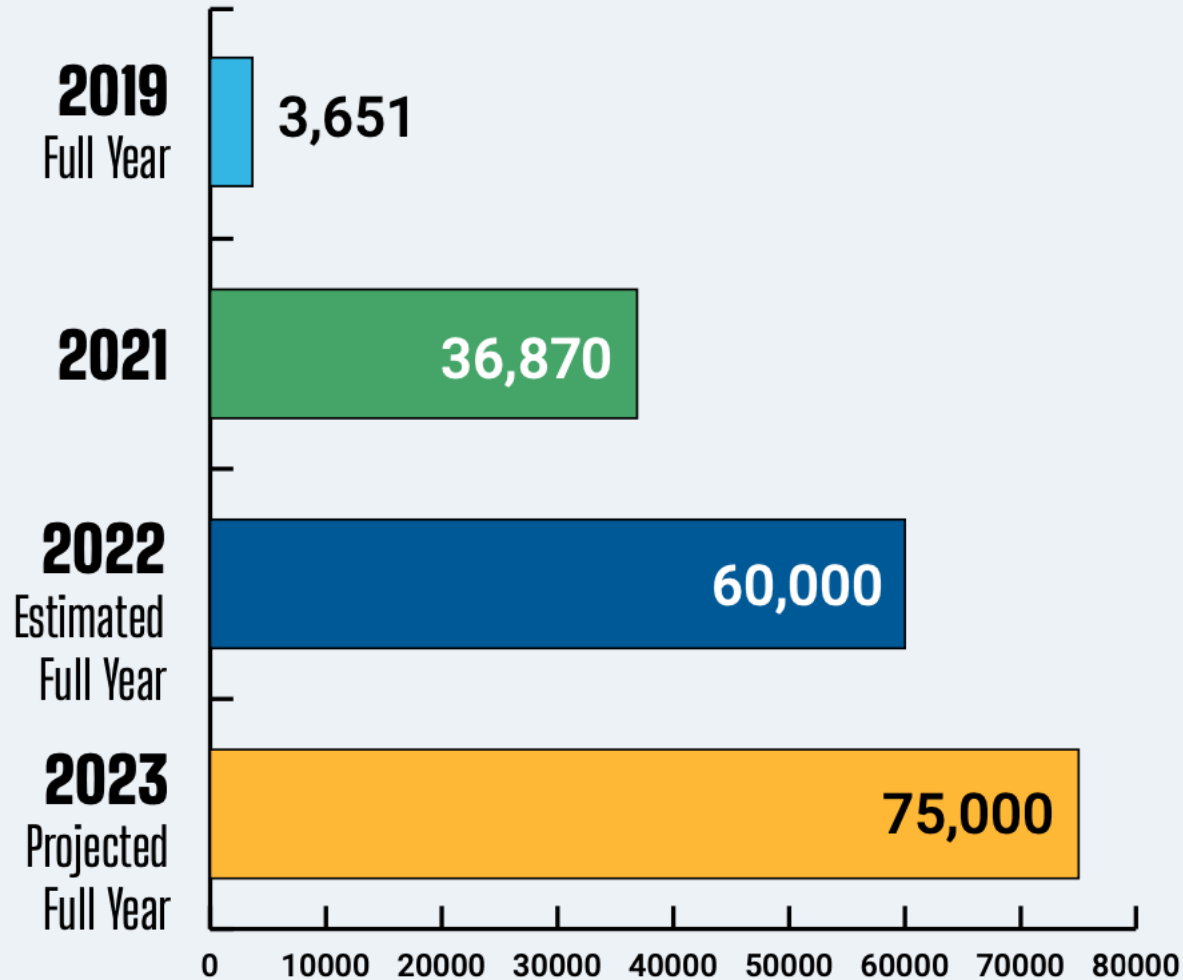
Matt Richards, LCSW

Chicago Department of Public Health

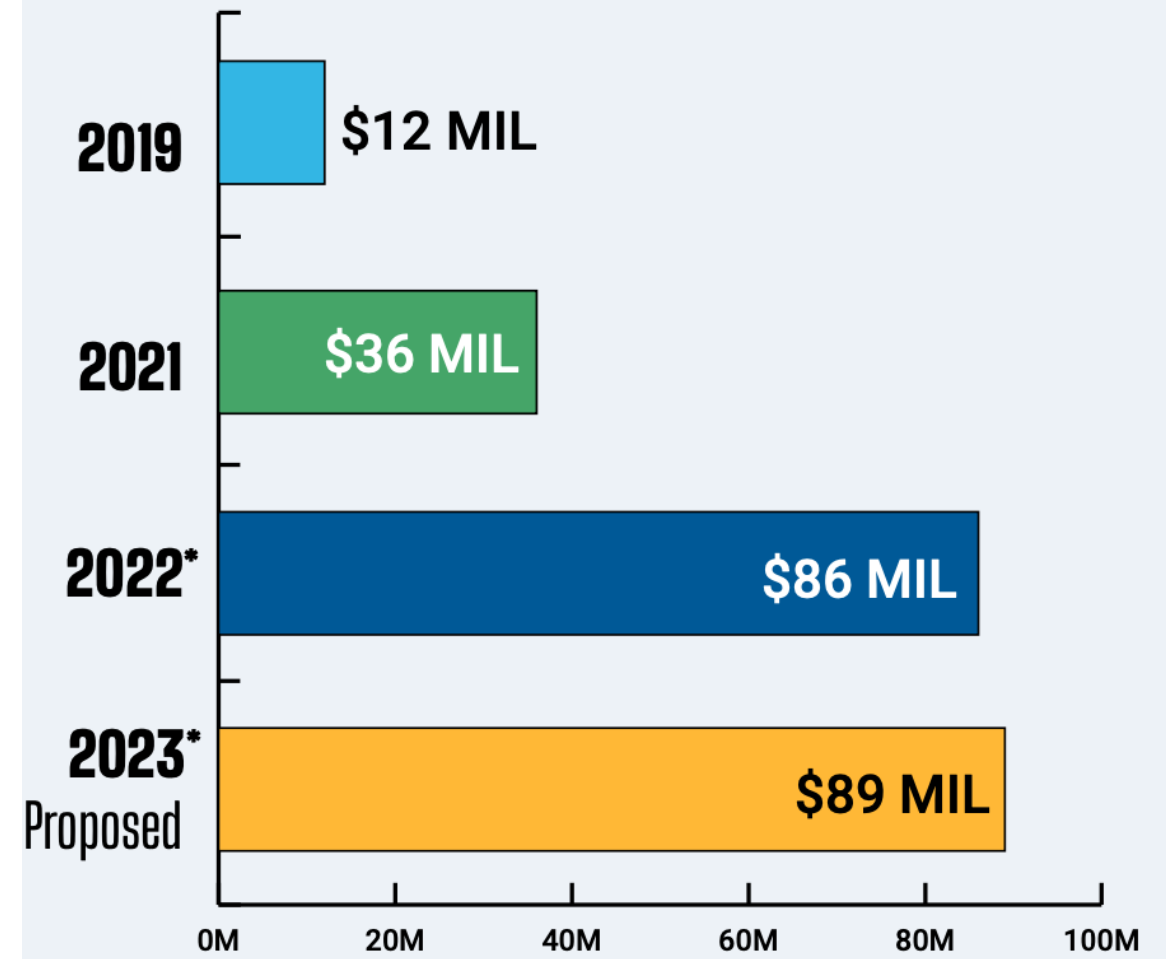
Bureau of Behavioral Health

Mental Health

PERSONS SERVED

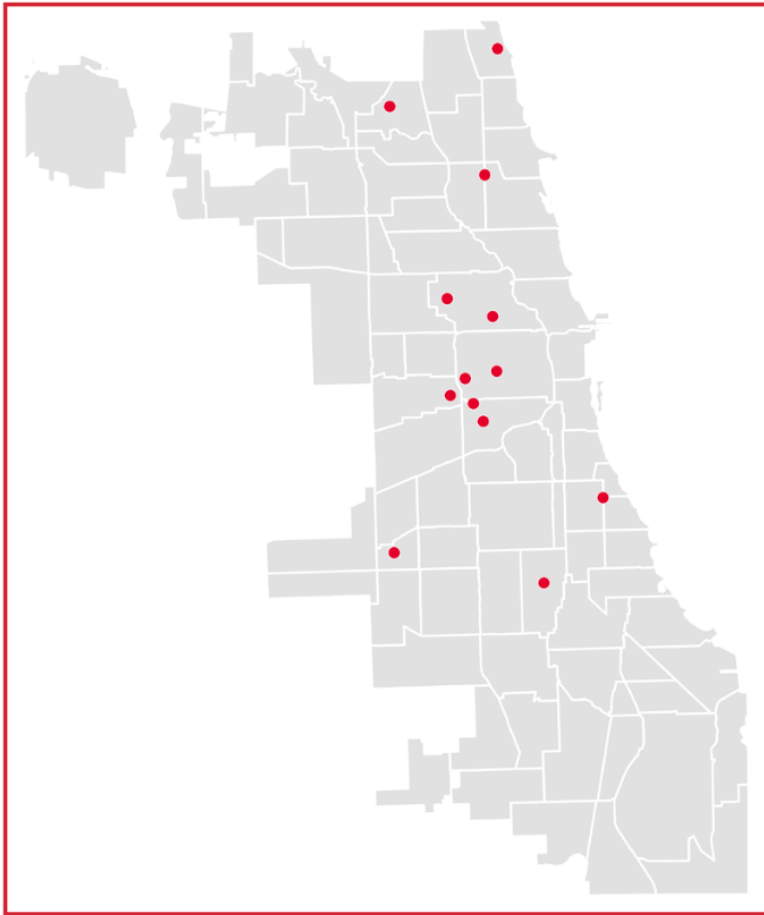


INVESTMENTS



*Includes ARP dollars to be spent across multiple years.

2019 INVESTMENTS



Budget - \$12M



3,651 people receiving services per year

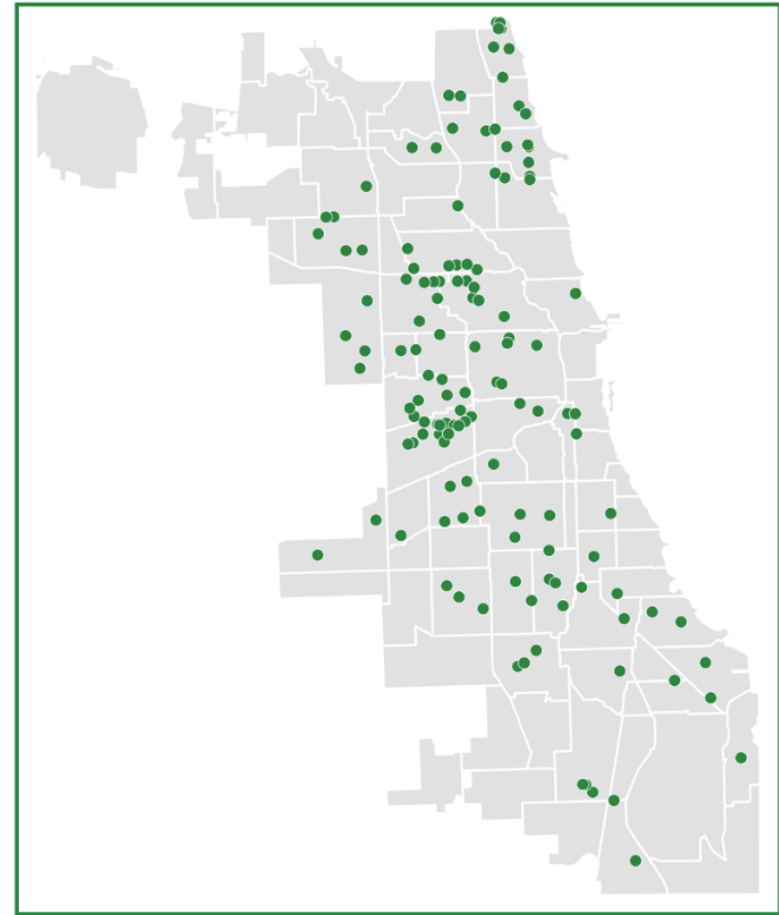


13 organizations funded



11 neighborhoods

2022 INVESTMENTS



Budget - \$89M



60,000 people receiving services per year



50 organizations funded



77 neighborhoods*

**Projected by the end of 2022*

CITY OF CHICAGO TRAUMA INFORMED CENTERS OF CARE NETWORK

  **CHICAGO**
MAYOR LORI E. LIGHTFOOT

UN  **SPOKEN**



Alivio Medical Center



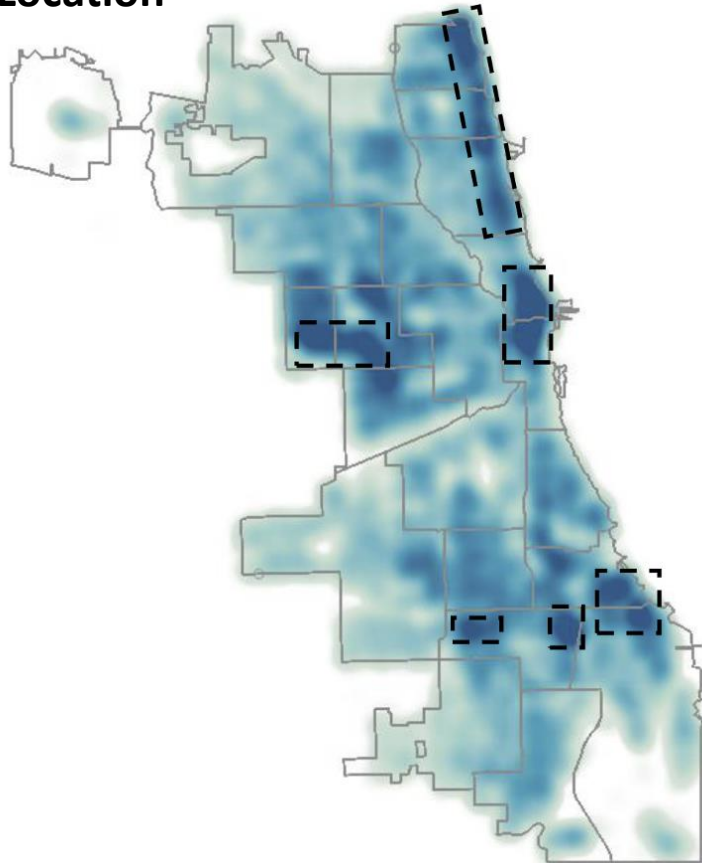
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FOR MORE INFORMATION, PLEASE VISIT:
MentalHealth.chicago.gov



CARE Pilot located in areas of highest need

Heatmap of Crisis Calls by Incident Location

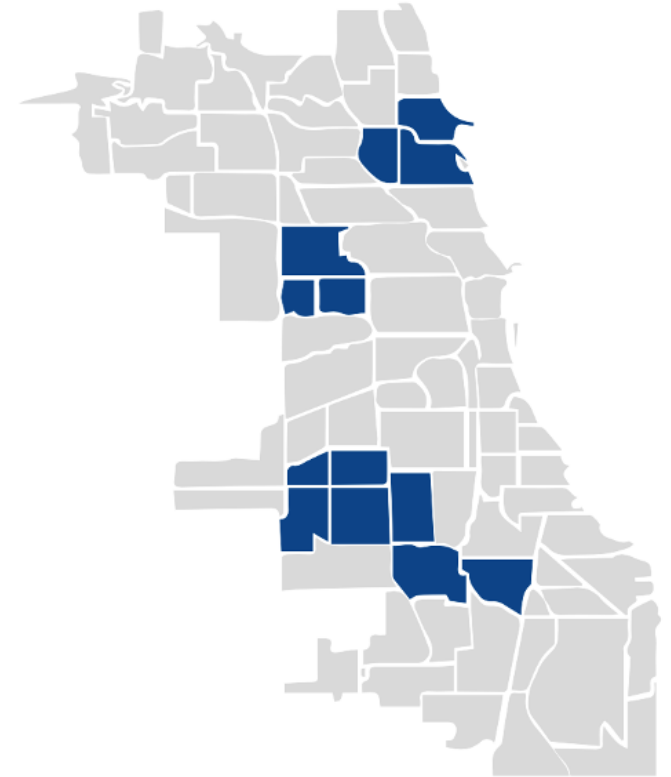


Chicago Alternate Response Pilot 13 Community Areas of Focus

Chicago Alternate Response Pilot Neighborhoods

1. Uptown
2. North Center
3. Lakeview
4. Humboldt Park*
5. West Garfield Park*
6. East Garfield Park*
7. West Englewood
8. West Elsdon
9. Chicago Lawn*
10. West Lawn
11. Gage Park
12. Auburn Gresham*
13. Chatham*

*OCOS Priority Neighborhoods



CARE 911 Responses
385

Follow-Up Encounters
332

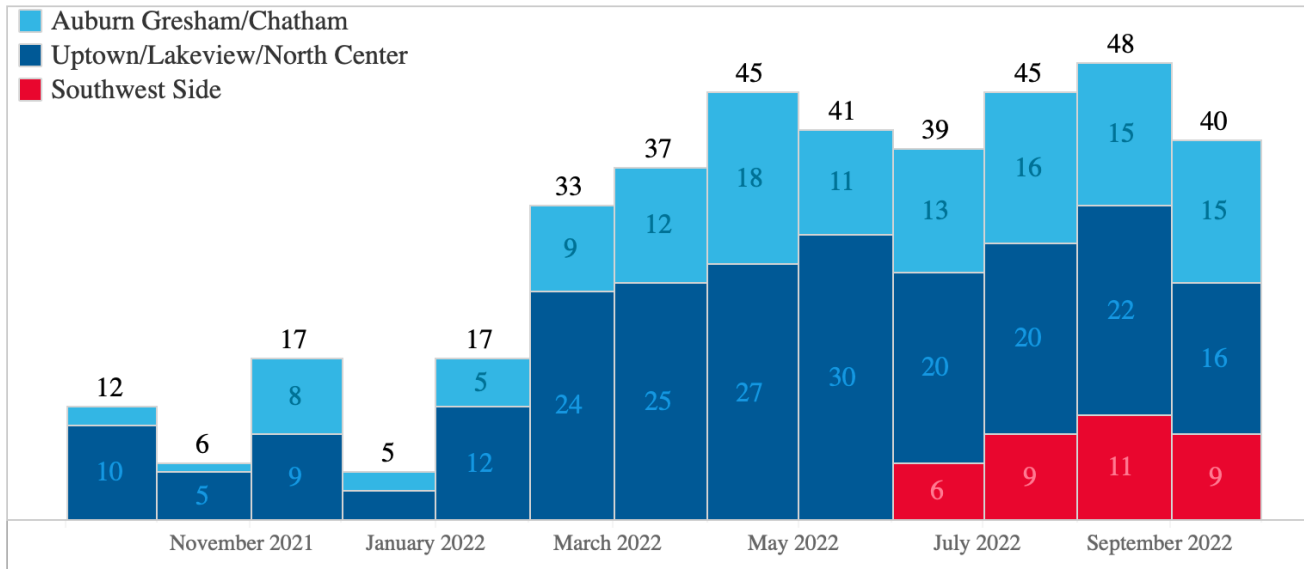
Use of Force Events
0

Arrests*
0

*Events where the CARE CIT Officer makes an arrest.

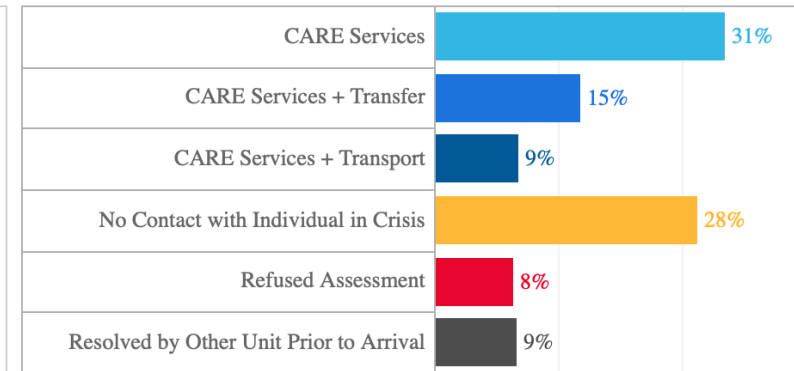
CARE 911 Responses

CARE 911 Responses Over Time by Neighborhood



Most current month may appear to have lower event totals because data collection is still in progress. Southwest Side includes Gage Park, West Elsdon, West Lawn, Chicago Lawn, and West Englewood.

All CARE 911 Responses by Outcome



Average CARE Team Service Times in Minutes



*Average time to scene only calculated for calls dispatched directly by 911.



Stabilization Housing Pilot Program

Identified Need: 3-6 months of “stabilization housing” for people with complex behavioral health conditions, with linkage to appropriate permanent housing.

Public Health Concern

High incidence of **co-occurring, unmet serious mental health and substance use conditions** among people experiencing homelessness which:

- Severely increases rate of early death in this population
- Results in cyclical utilization of emergency medical and public safety systems*
- Complicates successful placement in appropriate, long-term housing

Need for Alternative Solution

Temporary shelters are not well suited to address the complex behavioral health needs of this population.

Traditional models of Permanent Supportive Housing (PSH) offer varying levels of medical and behavioral health support on-site, through team-based care, or off-site. However, there is **no published evidence yet that PSH improves health outcomes or reduces health care costs.**

*The University of Chicago’s Health Lab found that approximately 1,200 people in Chicago chronically cycle between jails, emergency departments, and homeless shelters, spending 1 in 5 days in an institutional setting (data from 2014-2017).

Original Investigation | Diversity, Equity, and Inclusion

Assessment of a Hotel-Based Protective Housing Program for Incidence of SARS-CoV-2 Infection and Management of Chronic Illness Among Persons Experiencing Homelessness

Thomas D. Huggett, MD, MPH; Elizabeth L. Tung, MD, MS; Megan Cunningham, JD; Isaac Ghinai, MBBS, MSc; Heather L. Duncan, PhD, MSN; Maura E. McCauley, MSW; Wayne M. Detmer, MD

Key Points

Question Was a hotel-based protective housing intervention associated with reduced incidence of SARS-CoV-2 infection among persons experiencing homelessness (PEH) in Chicago, Illinois?

Findings In this cohort study of 259 PEH, a significant reduction in SARS-CoV-2 incidence was observed during the study period among PEH provided with protective housing compared with PEH in shelters citywide. Improvements in hypertension and glycemic control were also observed; 51% were successfully housed at departure.

Meaning These findings suggest that protective housing interventions may reduce SARS-CoV-2 incidence among PEH at increased risk for severe COVID-19.

Substance Use and Recovery

MAR NOW

Individual in Chicago calls IL Helpline for OUD treatment, withdrawal support

IL Helpline directly transfers caller to MAR NOW Care Manager

6am-10pm
Connected to Care Manager & Provider

10pm-6am
Leave message, receive callback next day from Care Manager

Patient Options:

1. Buprenorphine home induction
2. Same or next-day MAR appointment at FGC (methadone, bup, naltrexone)
3. Connection to other SUD care in the community

Care Managers provide free transportation, insurance enrollment, assistance with pharmacy access, and follow up to ensure patient is connected to long-term care

Buprenorphine/ Naloxone

Daily film under the tongue or tablet



Methadone

Daily liquid or tablet



Naltrexone

Monthly Injection



CALL
833.234.6343

OR TEXT
"HELP" to 833234

to contact the
Helpline



Chicago Department of Public Health citywide communication materials

cta Tagline Here
transitchicago.com
312-836-7000
TTY: 312-836-4949

HELP IS HERE. NOW.

DIAL 833-234-6343

Ask for **MAR NOW** and get immediate opioid treatment.

CDPH Chicago Department of Public Health
IDHS Illinois Department of Human Services

Overdose is preventable.

DID YOU KNOW

YOU CAN GET SAFE AND EFFECTIVE OPIOID USE DISORDER TREATMENT AT HOME?

BUPRENORPHINE

is a medication that treats opioid use and reduces the risk of overdose. You can receive a prescription over the phone to start treatment at home, today.

Call **833-234-6343** and ask for **MAR NOW** to start.

To request fentanyl test strips, email OSU.CDPH@cityofchicago.org

CHICAGO
MAYOR LORI E. LIGHTFOOT

HELP IS HERE. NOW.



MAR NOW is a new hotline that connects you directly to a provider for opioid use disorder treatment.

Call **833-234-6343** 24/7 and ask for MAR NOW. You can receive medication over the phone, or a same-day appointment for treatment.

MAR (Medication assisted recovery) involves the use of medications to treat opioid use disorder. MAR reduces the risk of overdose and can reduce withdrawal symptoms. It is safe, effective, and with MAR NOW it is *available to all Chicagoans*, regardless of ability to pay, insurance status, or documentation.

In 2020, there were **more opioid-related overdose deaths** than homicides and traffic crash fatalities combined in Chicago

MAR treatment can **reduce overdose risk by up to 50%**

1,302 people died of an opioid-related overdose in Chicago in 2020, the highest number ever recorded.

Overdose is preventable.



To request fentanyl test strips, email OSU.CDPH@cityofchicago.org

Recovery is possible.

- MAR NOW is a 24/7 accessible hotline for opioid use disorder that connects you directly and immediately to a treatment provider
- Call the Illinois Helpline any time at **833-234-6343** and ask for MAR NOW
- You can receive medications over the phone, a same-day appointment in-person, and assistance with transportation and follow-up care
- All Chicagoans are eligible, regardless of insurance status, documentation, or ability to pay



To request fentanyl test strips, email OSU.CDPH@cityofchicago.org

La recuperación es posible.

- MAR NOW es un acceso a la línea de apoyo para el desorden de uso de opioides disponible 24/7 que te conecta con un proveedor de salud para tratamiento inmediato
- Llame a la línea de apoyo de Illinois en cualquier momento al **833-234-6343** y pregunte por MAR NOW
- Puede recibir medicamentos en el momento através de una llamada telefónica para citas el mismo día en persona y asistencia con transportación y citas de seguimiento
- Todo Chicagoano es elegible independientemente de su capacidad de pago, seguro médico o estado migratorio



Para pedir pruebas de bandas para fentanilo, mande un correo a OSU.CDPH@cityofchicago.org

IS OPIOID USE CAUSING PROBLEMS FOR YOU?

Buprenorphine and methadone stop withdrawal symptoms and cravings, and effectively reduce illicit opioid use.

	BUPRENORPHINE	METHADONE
WHEN CAN I START?	12-24 Hours after last opioid use	Immediately
HOW DO I TAKE IT?	Dissolve a film or pill in your mouth once/day. You can receive a prescription to start at home without going to a clinic first.	Take one dose/day at approved programs. Usually you have to go in person to receive the dose, but some take-home dose may be permitted.
HOW DO I LONG TAKE IT?	Most effective when used for 9+ months.	Most effective when used for at least 1 year.
HOW DO I GET IT?	CALL 833-234-6343 and ask for MAR NOW (medication assisted recovery now). Everyone in Illinois is eligible.	
DO I NEED INSURANCE?	No. Through the MAR NOW program, anyone call access these medications with or without insurance. Just CALL 833-234-6343 to get started.	



HELP STARTS HERE.





Hub and spoke model to ensure connection to ongoing community care

MAR NOW works closely with pharmacies to ensure that they have medications available and are able to assist patients

Pharmacies

Mental health providers

Harm reduction providers

Primary care providers

Mental health, primary care, and harm reduction services are key referral points to and from MAR NOW

All patients connected to outpatient MAR for long-term treatment in the community

Community MAR providers

Cook County Jail

Program is working closely with jail and homeless shelter providers to offer linkage to MAR NOW

Homeless shelters and encampment outreach

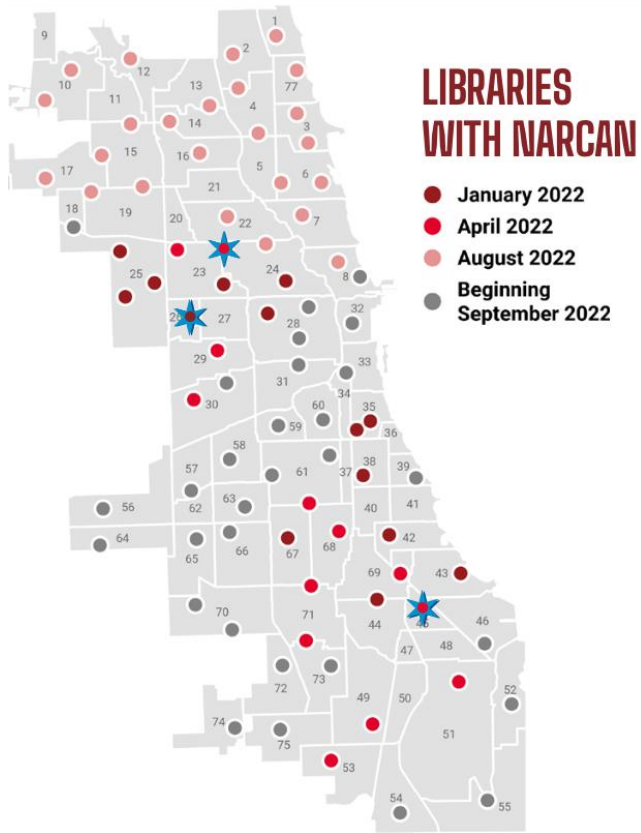
MAR NOW

Patients that leave treatment can come back to MAR NOW and be connected again to treatment in the community. MAR NOW can also serve as a bridge clinic for patients waiting for care.

CALL
833.234.6343

OR TEXT
"HELP" to 833234

to contact the
Helpline



EDITORIALS COMMENTARY

Public libraries are stepping up to save lives amid the opioid epidemic

The Chicago Department of Public Health and the Chicago Public Library will make Narcan, an overdose reversal medication, available at 14 branches in areas devastated by drug overdoses.

By CST Editorial Board | Jan 10, 2022, 8:00pm CST



NALOXONE IS NOW AVAILABLE at select Chicago Public Libraries

Naloxone (Narcan) is a safe and legal medication that reverses an opioid overdose.

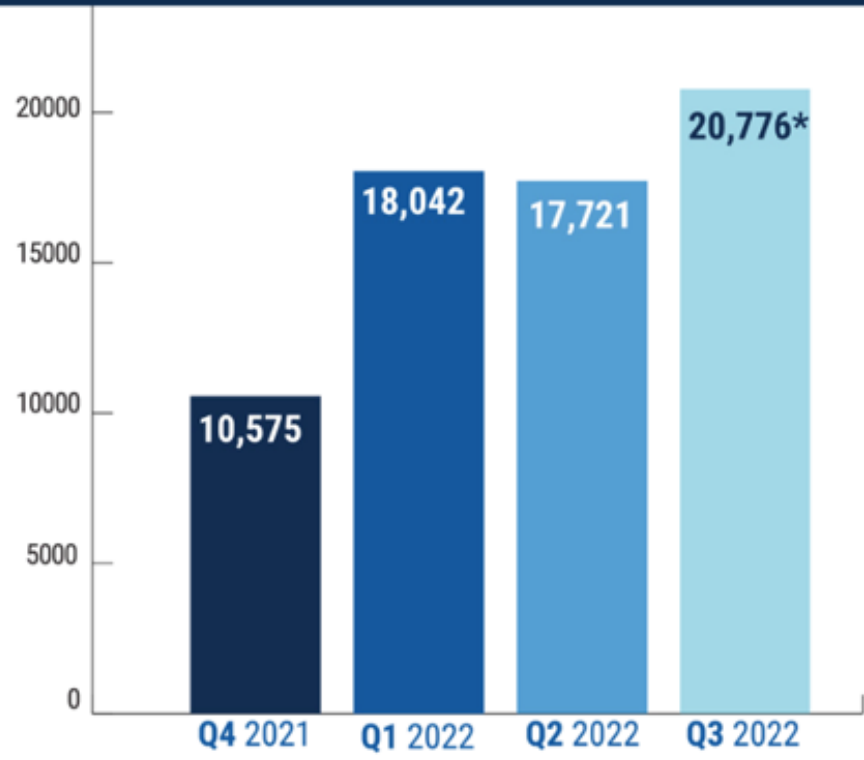
If you or a loved one is struggling with substance use, the Illinois Helpline for Opioids & Other Substances is here for you.
call 1-833-2-FINDHELP or text "HELP" to 833234



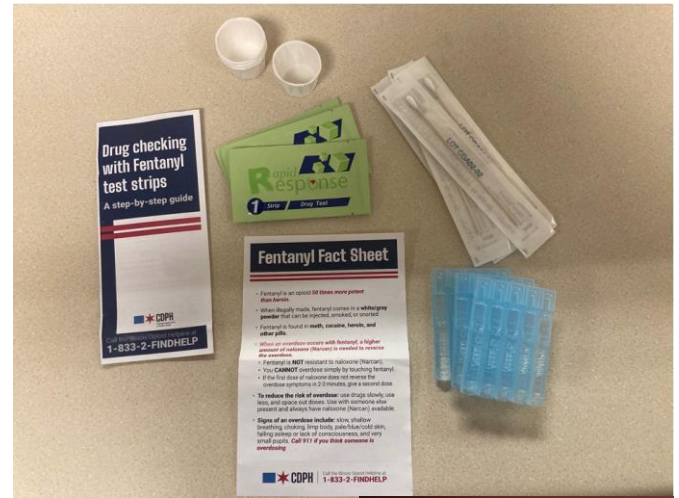
CHICAGO
Mayor Lori E. Lightfoot

Harm Reduction

FTS distribution by quarter:



*Data current through Sept 1, 2022.





Harm Reduction

Research shows that the words used to describe someone can influence our attitudes, beliefs, and behavior toward them.

LANGUAGE MATTERS!

Language can impact how people access and experience substance use care. What you say matters.

 INSTEAD OF	 USE
Abuse	Use
Addict / Junkies / Abuser	Person with substance use disorder
Alcoholic	Person with alcohol use disorder
Clean / Sober	Person in recovery
Dirty	Used, (screen) positive/negative
Habit / drug habit / drug problem	Substance use disorder
Replacement or substitution therapy	Medication assisted recovery
Detox	Withdrawal management
Relapse	Return to use

To request fentanyl test kits and Narcan, email:
osu.cdph@cityofchicago.org

#EndOverdose



What is Chicago's Narcotics Arrest Diversion Program (NADP)?



NADP offers treatment instead of criminal charges for people arrested for select drug-related offenses in Chicago.

The program provides a supportive intervention for individuals with substance use disorders apprehended by CPD, instead of punishment.



SINCE THE PROGRAM LAUNCH IN 2018

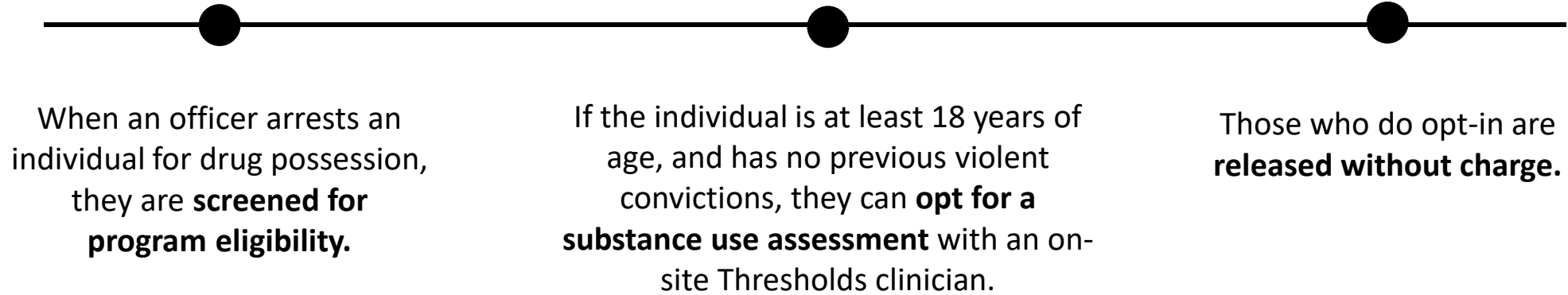
OVER 900 people have been diverted

79% of those diverted start treatment and **52% remain engaged for at least 30 days**

Those diverted are **44%** less likely to be re-arrested



NADP Deflection Model



A community non-profit provides treatment services:

- Referrals to inpatient or outpatient community-based treatment centers for detox and recovery services
- Recovery coaching/mentorship
- Naloxone training + Naloxone kits dispersal
- Referrals to housing, employment, and medical services

AUSTIN, GARFIELD PARK, NORTH LAWNDALE

New Police Program Helps People On Drugs Get Substance Use Treatment Instead Of Jail Time

The Narcotics Arrest Diversion program was launched at a West Side police district in 2018. Soon, it'll be citywide. "It has long been obvious that we cannot arrest and jail our way out of this."





NADP effectively targets people with histories of substance use

900+

diverted

70+

walk-ins

87% used heroin in the last year

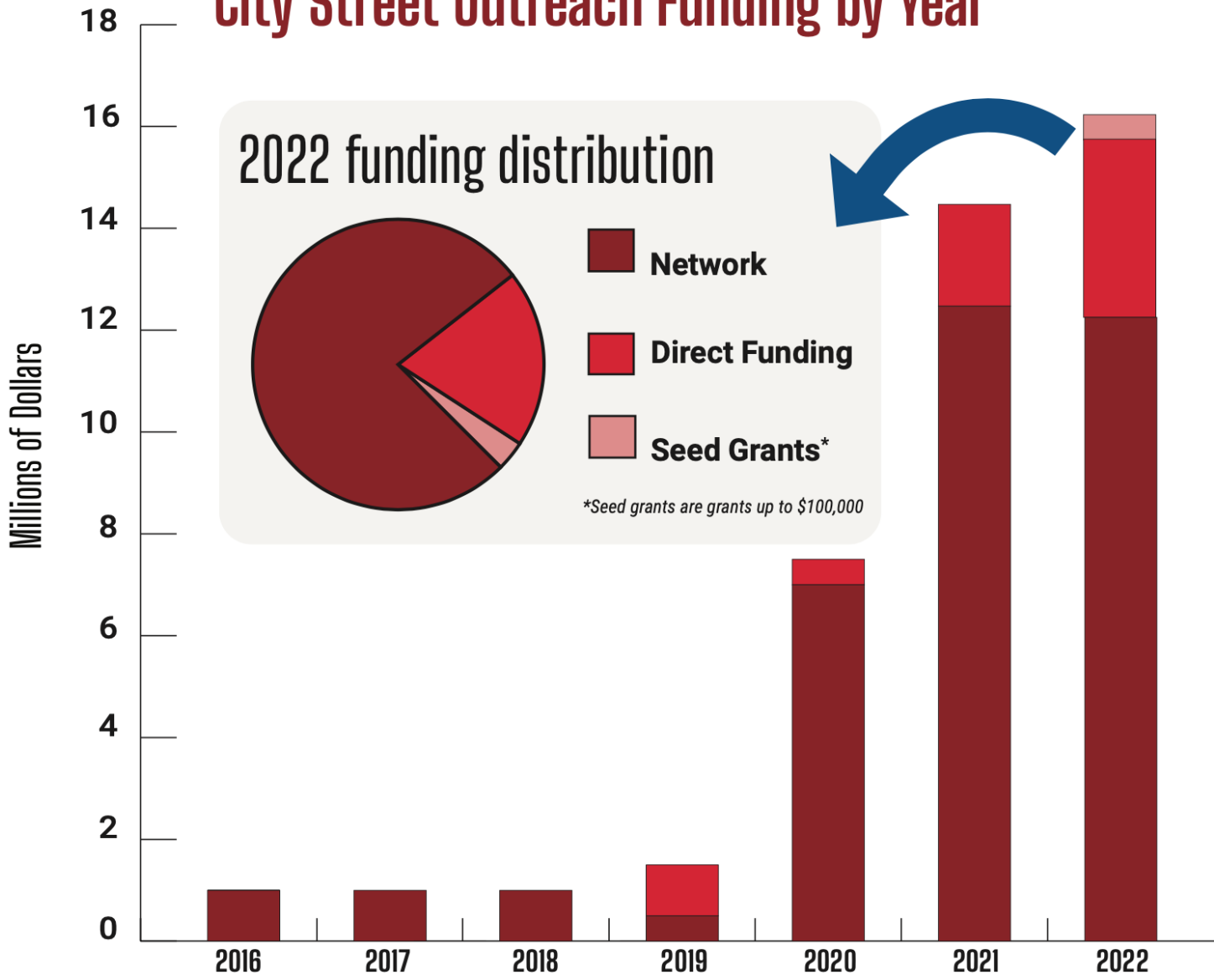
80% of those who use, use daily

50% used heroin the day of their arrest

27 average age of earliest heroin use

Violence Reduction

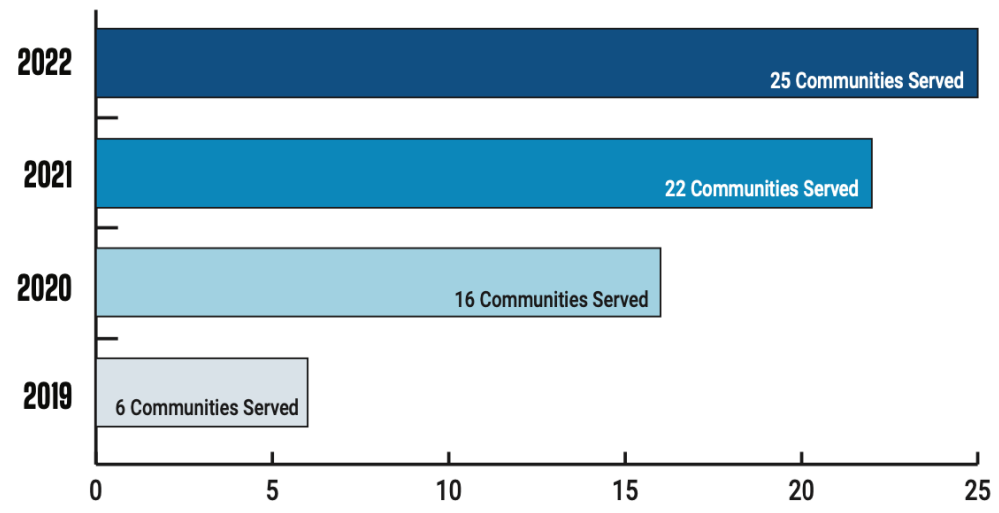
City Street Outreach Funding by Year

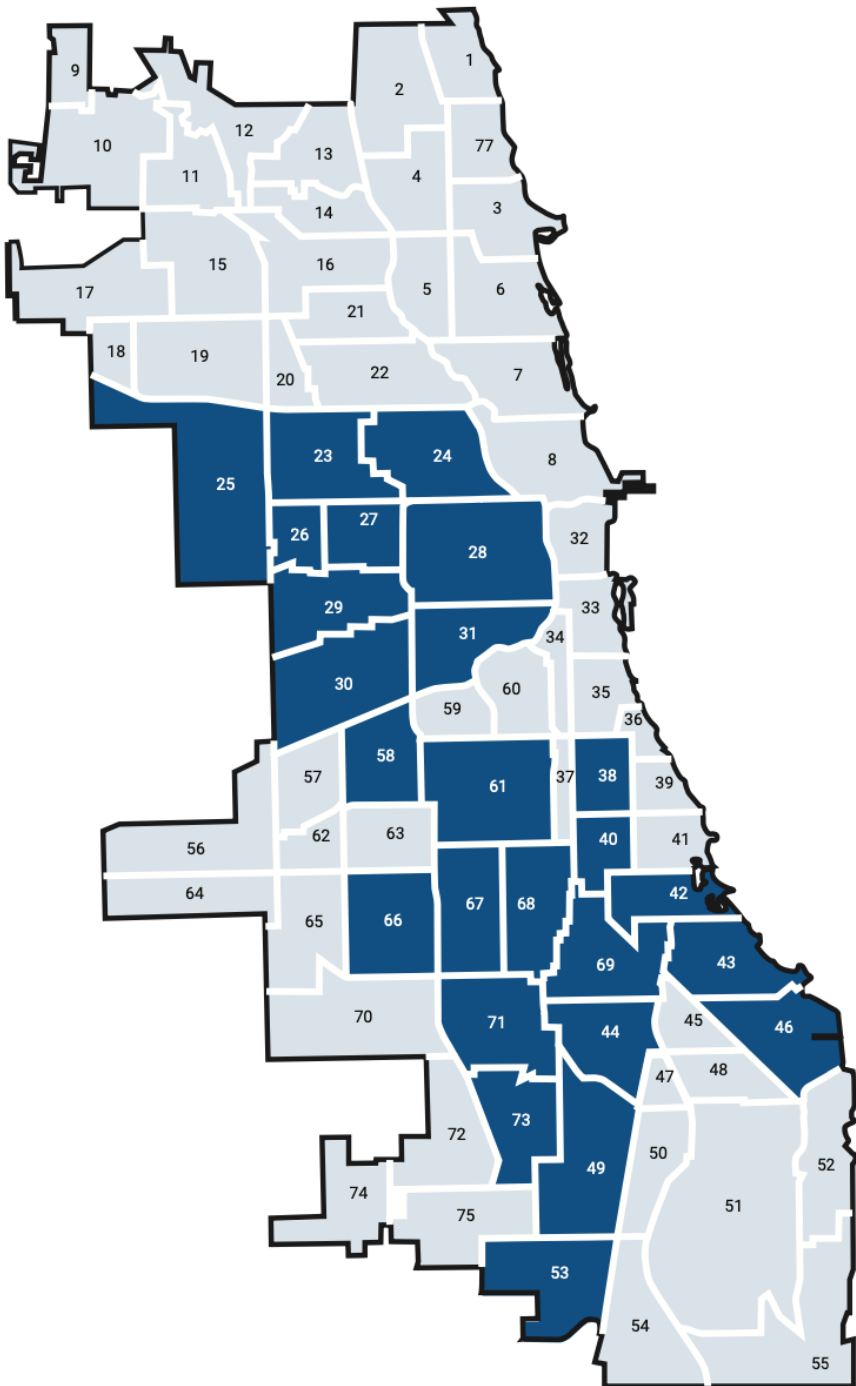


STREET OUTREACH:



Actively working in the community to engage individuals who are at immediate and highest risk of being either victims or perpetrators of violence.





City of Chicago Funds 18 Street Outreach Organizations in 25 Communities

AUBURN GRESHAM - TARGET AREA

AUSTIN - INSTITUTE FOR NON-VIOLENCE CHICAGO (INVC)

BRIGHTON PARK - ENVISION COMMUNITY SERVICES

CHATHAM - TARGET AREA

CHICAGO LAWN - SOUTHWEST ORGANIZING PROJECT (SWOP)

EAST GARFIELD PARK - BREAKTHROUGH

ENGLEWOOD - TARGET AREA, PUBLIC EQUITY

GRAND BOULEVARD - CENTERS FOR NEW HORIZONS

GREATER GRAND CROSSING - TOGETHER CHICAGO

HUMBOLDT PARK - ALLIANCE OF LOCAL SERVICE ORGANIZATIONS (ALSO)

LOWER WEST SIDE - ENLACE

NEAR WEST SIDE - TOGETHER CHICAGO

NEW CITY - PRECIOUS BLOOD MINISTRY OF RECONCILIATION (PBMR)

NORTH LAWDALE - UCAN

ROSELAND - UCAN

SOUTH CHICAGO - CLARETIAN/OTHER

SOUTH LAWDALE - NEW LIFE CENTERS

SOUTH SHORE - CLARETIAN

WASHINGTON HEIGHTS - YOUTH ADVOCATE PROGRAMS, INC.

WASHINGTON PARK - CENTERS FOR NEW HORIZONS

WEST ENGLEWOOD - TARGET AREA, PUBLIC EQUITY

WEST GARFIELD PARK - INSTITUTE FOR NON-VIOLENCE CHICAGO (INVC)

WEST PULLMAN - YOUTH GUIDANCE

WEST TOWN - ALLIANCE FOR LOCAL SERVICE ORGANIZATIONS (ALSO)

WOODLAWN - PROJECT H.O.O.D

Street Outreach Lowers Risk of Gun Violence Injury and Arrest

► Fatal and non-fatal gunshot injuries:

20% ↓ in the 18 months following participation more than **30%** ↓ in the 24 months following participation

► Arrests for violent crime:

28% ↓ in the 18 months following participation **17%** ↓ in the 24 months following participation

Since July 2017, CP4P served

3600 participants

82%
MALE

83%
BLACK

AVERAGE
AGE 25

Source: Northwestern Neighborhood & Network Initiative (N3). 2021 (September 3). Communities Partnering for Peace (CP4P) preliminary individual results.

Outreach
consists
on
"POSITIVELY"
in part



KEY STREET OUTREACH ACTIVITIES INCLUDE:

- ★ Engage and support individuals and groups at high risk of violence
- ★ Reclaim public spaces for safe activities for the entire community
- ★ Respond to critical incidents such as shootings and homicides to de-escalate tension and rumor control
- ★ Support and connect victims and their families to services
- ★ Conduct proactive peace-building activities
- ★ Mediate and resolve conflicts between street groups
- ★ Make referrals for services and support

