

MEMORANDUM

To: The Honorable Carrie M. Austin
Chairman, Committee on the Budget and Government Operations

From: Karen Tamley
Commissioner
Mayor's Office for People with Disabilities

CC: Maria Guerra
Mayor's Office of Legislative Counsel and Government Affairs

Date: October 29, 2012

Re: Request for Information from Annual Appropriation Committee Hearing

Ref ID: 118

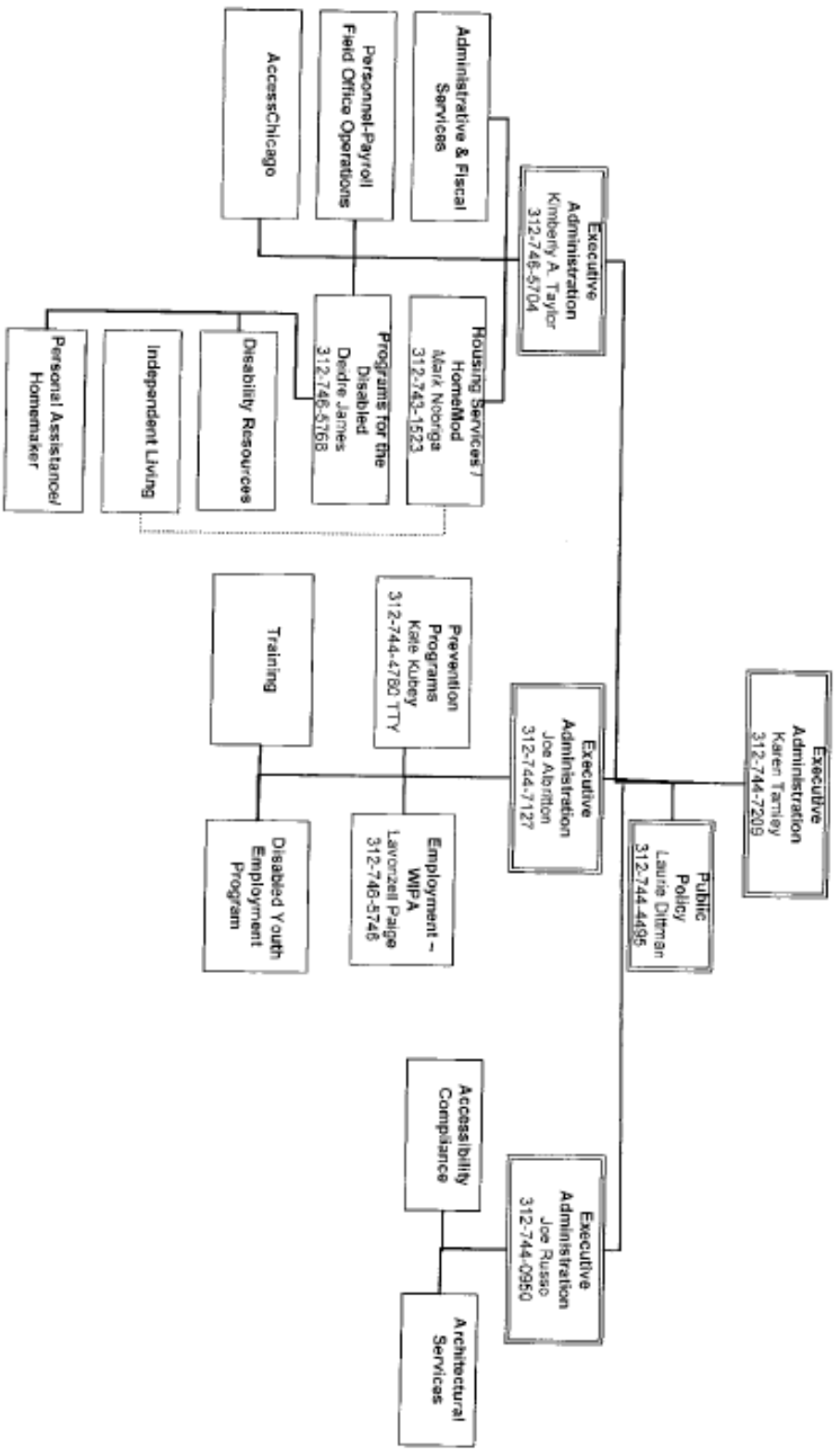
The attached information is in response to questions posed at our department's hearing on October 23, 2012 to discuss the 2013 budget.

Alderman Austin asked for the department's organizational chart with management names and contact information.

As always, please let me know if you have any further questions.

Mayor's Office for People with Disabilities

2013 Proposed - Program Organizational Chart



Q & A

Are there any costs to MOPD In-Home Services?

Daily Living Skills Training, Case Management, and Assistive Technology are free of charge. Homemaker/Personal Assistance Services require a \$1/hour co-payment.

Who is this program for?

MOPD provides Independent Living Program services to Chicago residents with disabilities, up to 60 years of age. Anyone is welcome to attend an orientation to learn more about available resources.

What is the cost to attend the orientation?

There is no cost to attend the Orientation. You may attend as many as you like.

**“I learned so much.
When can I come again?”
— Sandra**



**“The information
provided is invaluable.
Now I can ride
the bus at half-fare.”
— James**



For more information contact
MOPD

in person:
MOPD Field Office
2102 W. Ogden Ave., Chicago

MOPD City Hall Office
121 N. LaSalle St., Room 104,
Chicago

by phone:
311 (voice/TTY)

online:
www.cityofchicago.org/disabilities

The Independent Living Program and Orientation

Your Step By Step Guide to Receiving In-Home Services



City of Chicago

MOPD
Mayor's Office for
People with Disabilities



The Independent Living Program

Your First Steps to Receiving In-Home Services

The Mayor's Office for People with Disabilities (MOPD) offers many programs to help people with disabilities reach their maximum level of independence. One such program is the Independent Living Program and Orientation.

Step 1: The Basic Requirement

Prior to receiving Personal Assistance/ Homemaker Services, it is mandatory that you attend one Independent Living Program Orientation or provide a note from your doctor excusing you from attendance based on your disability.

**Independent Living Program Orientations are held at the MOPD Field Office
2102 W. Ogden, Chicago**

Orientations are 3 hours long..

A variety of topics are covered on a monthly basis throughout the year. In addition, individuals with disabilities may work one-on-one with MOPD staff to improve their ability to live independently in the community.

Step 2: What You Will Learn

The Orientation will acquaint you with services, programs and skills to enable you to achieve your greatest level of independence.

Here are just some of the resources you'll learn about:

- Coordination with, and connection to, other community services
- Transportation resources, including information about programs such as PACE Paratransit and the Reduced Fare Card for CTA mainline service
- MOPD's employment services and related programs for job seekers with disabilities
- Healthy eating habits and individual dietary concerns.
- Housing resources, energy assistance services and home repair programs
- Household management and personal care service information
- Leisure and recreation program information

Staff is also available to provide answers to your questions and help you with various concerns you may have.



Step 3: You've Completed the Orientation, Now What?

Depending on your individual needs, some or all of these services can be offered through MOPD's Independent Living Program:

Case Management

Case Managers work with clients individually to empower them with their skills, education, and support services needed to achieve a healthy, more independent lifestyle.

Assistive Technology

Residents may obtain home modifications, personal devices or equipment, which help individuals become more independent. Recommendations for home modifications or rehabilitation are made on a case-by-case basis. Training is provided to the recipient and caretakers on the use of the equipment. Cost for assistive technology may not exceed \$1,000.

Activities of Daily Living Skills Training

Through Daily Living Skills Training, clients receive step-by-step instruction on performing housekeeping, meal preparation and personal assistance tasks. MOPD contracts with various social service agencies to coordinate this program.