

Implementation Update

September 2015



HEALTHY CHICAGO

CHICAGO DEPARTMENT OF PUBLIC HEALTH

Message From The Commissioner

This week, Mayor Rahm Emanuel and Cook County Board President Toni Preckwinkle announced a new partnership that will provide free mammograms to 5,000 uninsured women in Chicago in 2016. CDPH will invest a total of \$635,000 to provide additional mammography services at three Cook County Health and Hospitals System locations, in addition to continuing our \$100,000 investment in Roseland Community Hospital and Mercy Hospital.

This is great news for the health of Chicago's women. Currently, CDPH provides or supports around 2,100 mammograms each year. By combining forces with Cook County, we will be able to maximize our limited resources. Not only will 2,900 additional women receive mammograms, but they will also have access to diagnostic and treatment services at the same sites, a benefit previously not afforded to women who received their screenings at a CDPH site.

Adding to this great news, the Metropolitan Chicago Breast Cancer Task Force has agreed to partner with us to help ensure the expanded services meet the highest quality of care.

By working together, we are able to provide more, quality services for more people.

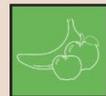
Sincerely,

Julie Morita, M.D.

HEALTHY CHICAGO PRIORITIES



Tobacco Use



Obesity
Prevention



HIV
Prevention



Adolescent
Health



Cancer
Disparities



Heart Disease
& Stroke



Access to
Care



Healthy
Mothers &
Babies



Communicable
Disease Control
& Prevention



Healthy
Homes



Violence
Prevention



Public Health
Infrastructure



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Healthy Chicago Implementation

- CDPH will expand HIV prevention and care services through a new \$3 million grant from the Centers for Disease Control (CDC). The expansion will focus on implementing innovative strategies to reduce HIV infections and improve engagement in care among men who have sex with men (MSM) and transgender persons. Pre-exposure prophylaxis (PrEP) protects individuals at high risk of getting HIV and this grant will support and help expand the reach of the work we are currently doing to make PrEP accessible to those most at risk for HIV. These funds also will support our efforts to get as many HIV-positive residents who have fallen out of vital care, back in care and on the road to viral suppression. Two-thirds of the grants funds will go directly to the local agencies. **HIV Prevention**
- On August 6, the Chicago Area HIV Integrated Services Council (CAHISC) and CDPH convened the annual community input forum, "Chat with CAHISC at the University Center." The forum served as an opportunity for consumers and providers of Ryan White Part A services to provide feedback on what is working well and ways to improve the system of health care for people living with HIV. Special Thanks to CAHISC members and guests, and the CDPH staff who attended the evening forum. **HIV Prevention**
- Registration for CDPH's 12th annual Substance Abuse "Walk for Recovery" is NOW open! Visit www.CityofChicago.org/Health to sign up and share the link with your family and friends! Also, help us generate a social buzz on Twitter with [#RecoverChicago](https://twitter.com/RecoverChicago)! The Walk is scheduled for Sept. 26 at Garfield Park on the West Side. The event celebrates the thousands of Chicagoans in recovery from alcohol and drug addiction and the families and agencies who help and support them. The event is in conjunction with SAMHSA's National Recovery

Month. This year's theme is "Join the Voices for Recovery: Visible, Vocal, Valuable!" It encourages us all to do our part to eliminate negative public attitudes associated with substance use disorders and treatment. People in recovery are part of our communities -- they are our family and friends, colleagues and neighbors -- and by supporting them and raising awareness of the challenges they face, we can help eradicate prejudice and discrimination associated with substance use disorders. **Substance Abuse Prevention**

National Recovery Month
 September 2015
 JOIN THE VOICES FOR RECOVERY
 visible, vocal, valuable!

12th Annual Walk for Recovery
 Saturday, September 26, 2015

Start Line:
 @Garfield Park, Grove #4
 100 North Central Park
 Chicago, IL 60624
 8:00 a.m. Registration
 9:00 a.m. Opening Remarks
 9:40 a.m. Walk Begins

Finish Line:
 @Union Park
 1501 W Randolph St
 Chicago, IL 60607
 Recovery Olympics to Follow
 Refreshments, Entertainment,
 Games, Sports & Fitness

Register at
www.cityofchicago.org/HEALTH

For more information call 312-747-8818 or follow #RecoverChicago on Social Media

HEALTHY CHICAGO
 CHICAGO DEPARTMENT OF PUBLIC HEALTH

This smoke free event is hosted by the Chicago Department of Public Health in partnership with the Illinois Department of Human Services, Division of Alcoholism and Substance Abuse (DASA) and the Illinois Association of Extended Care, Inc. (IAEC). The event observes the 26th annual National Recovery Month sponsored by SAMHSA in conjunction with behavioral health, substance abuse and recovery communities across the nation.

- CDPH and more than 40 advocacy organizations hosted the 2nd annual "Nobody Quits Like Chicago: Smoking Cessation Awareness Week," from April 17-21. [ABC7](#), [DNAInfo](#) and other Chicago media outlets



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reported on the initiative and a great crowd of community partners participated in a kick-off event at the Mile Square Health Center. Chicago is leading the nation when it comes to reducing tobacco use and Smoking Cessation Awareness Week is an example of how collaborative efforts provide residents with affordable and supportive quit resources. Residents can find support messages online at www.CityofChicago.org/Tobacco. Residents are encouraged to call the [Illinois QuitLine at 866-Quit-Yes](tel:866-Quit-Yes) for help quitting. **Tobacco Prevention**



- Members of the Mikva Challenge Teen Health Council visited CDPH on August 4 to present their action plan recommendations. Twenty-two students from 20 high schools across Chicago were present. Representatives from the Council spoke on a variety of challenges facing Chicago's youth, namely: access to free condoms in schools, affordable or no-cost public transportation, community gardens, mental health care and physical activity. CDPH and CPS colleagues offered additional resources and suggestions for young people to refine their projects. The Teen Health Council plans to revisit CDPH

quarterly. We look forward to seeing them evaluate our recommendations and develop strategies for the coming year. **Adolescent Health**

Getting the Word Out

- This year marked the 86th annual Bud Billiken Back to School Parade on the city's South Side. CDPH staff and community volunteers joined the lineup of more than 200 participants including drill and dance teams, politicians and community organizations. The parade is one of the oldest and largest in the nation and helps raise money for school supplies. Thank you to all the volunteers who represented CDPH at the parade and helped us share the importance of building healthier neighborhoods.



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Policy Updates

- Ald. Cardenas held a City Council hearing on the possibility of a sugar-sweetened beverage tax in Chicago. Health experts testified to the harms of sugary drinks and the importance of discouraging youth from consuming them.
- Ald. Moreno proposed a tax on e-cigarettes. The tax would have two parts: \$0.25/mL on e-liquids and \$1.25/container. E-cigarettes can harm the eyes, respiratory system and central nervous system. Most e-cigarettes contain nicotine and produce aerosols with carcinogens like formaldehyde. E-cigarette use among U.S. youth has tripled in the last year, increasing nicotine addiction.
- The Illinois General Assembly overrode the governor's amendatory veto of HB1, which expands access to substance abuse treatment and response. Due to the override, Medicaid will now cover methadone, naloxone and other opioid medications. The one-year cap on buprenorphine, which treats opioid addiction, was also eliminated.

Healthy CPS

- Chicago Public Schools has expanded its "LearnWell" program to an additional 52 schools this school year, now making a total of 102 schools compliant with CPS wellness policies that increase access to healthy food and physical activity. For more information about LearnWELL, please visit www.cps.edu/oshw. **Obesity Prevention**
- This summer, Chicago Public Schools' "LunchStop" program served meals at 40 outdoor school

locations across Chicago. "LunchStop" provides meals to youth near school playgrounds and school gardens. Each site features an outdoor umbrella and colorful meal-cart that make the initiative more fun, visible and accessible to the community. Through "LunchStop", 81,761 meals were served this summer, an increase of nearly 20,000 from last year. For more information on CPS summer meals or LunchStop, please visit cps.edu/summermeals. **Obesity Prevention**



- Chicago hosts the largest school-based dental program in the country made possible through a partnership between the Chicago Department of Public Health (CDPH) and Chicago Public Schools (CPS). All CPS and charter school students are eligible to receive a dental exam, dental cleaning, fluoride treatment and dental sealants as necessary from a CDPH dental contractor. There is no out-of-pocket cost to students, families or schools. In School Year 2014-2015, 115,238 students participated in the program. CDPH and CPS are committed to preventing serious dental issues in children and adolescents, as tooth decay remains the most common chronic condition in children in the United States. The CDC estimates that 51 million school hours are lost each year due to dental problems. **Access to Care**

Get involved in the Healthy Chicago movement!

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Follow us on Twitter @ChiPublicHealth