

# Implementation Update

## October 2013



# HEALTHY CHICAGO

CHICAGO DEPARTMENT OF PUBLIC HEALTH

### Message From The Commissioner

On October 1<sup>st</sup>, open enrollment under the Affordable Care Act (ACA) began, allowing more than 400,000 Chicagoans to enroll in affordable, quality health insurance – many for the first time in their lives. Not only does the ACA help reduce long-term costs of health care, it also provides critical protections for individuals and their families. To ensure Chicagoans can take advantage of the new opportunities, Mayor Emanuel and CDPH launched *Enroll Chicago!*, a citywide initiative to provide information and link qualified residents to enrollment programs.

From library branches and public schools to community colleges and Chicago Police Department community meetings across the city, residents will find opportunities, resources, information and workshops in their neighborhoods with detailed information on options available and how to enroll. Eleven city agencies and more than 40 community partners have already committed to the effort and we are already working on ways to expand the program.

As the lead agency for *Enroll Chicago!*, CDPH is working with our partners at Health & Disability Advocates to offer education training to city agencies throughout the enrollment period. CDPH also published a comprehensive report on who Chicago's uninsured residents are and where they live that our partners can use to better target their outreach efforts. CDPH is preparing a second report highlighting new opportunities for prevention efforts under the Affordable Care Act. We have also identified community partners to provide enrollment information at upcoming flu clinics and STI clinics so residents can enroll directly onsite.

As our Healthy Chicago agenda makes clear, we believe everyone should have access to affordable, quality health care. The ACA and Enroll Chicago! help move our city closer to that reality. Together, CDPH and our partners are working hard to better the health and well-being of our city's citizens.

Sincerely,

Bechara Choucair, M.D.

### HEALTHY CHICAGO PRIORITIES



Tobacco Use



Obesity Prevention



HIV Prevention



Adolescent Health



Cancer Disparities



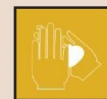
Heart Disease & Stroke



Access to Care



Healthy Mothers & Babies



Communicable Disease Control & Prevention



Healthy Homes



Violence Prevention



Public Health Infrastructure



[www.CityofChicago.org/Health](http://www.CityofChicago.org/Health)





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## Healthy Chicago Implementation

- On September 21, the 10th annual Walk for Recovery took place. The 2.5 mile walk through Washington Park celebrates the thousands of Chicagoans in recovery from alcohol and drug addictions and the families and agencies who help and support them. An estimated 600 people participated. **Violence Prevention**



- This month, CDPH and the Healthy Chicago Interagency Council were recognized for its Health in All Policies work in a new guide, *Health in All Policies: A Guide for State and Local Governments*. Health in All Policies is a collaborative approach to improving the health of all people by incorporating health considerations into decision-making and policy across sectors. The report, created by the American Public Health Association, the California Department of Public Health and the Public Health Institute, can be found at <http://tinyurl.com/nvrbea4>.

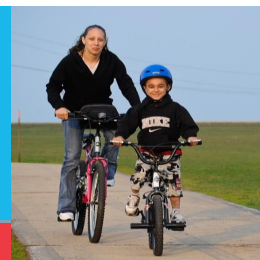
### Multiple Priorities

- Mayor Rahm Emanuel recently proposed an amendment to the Chicago Municipal Code to improve the environment by reducing waste and encouraging sustainable practices. The amendment will clarify language in the Recycling Facility Permitting Ordinance regarding the recovery of materials for fuel in energy production processes, enabling composting facilities to use the biogas that is the byproduct of the composting operation converting waste to energy.

- Last month, CDPH and the Chicago Police Department announced the expansion of the pharmaceutical drop box program, now available at all Chicago police stations, to allow citywide accessibility for the proper disposal of expired and unused prescription and over-the-counter medications. The goals of the program are to avoid unintended medication use, reduce or prevent recreational pharmaceutical use, and keep contaminants out of Chicago's public waterways.
- CDPH has begun its annual flu prevention activities. This flu season, CDPH is holding over 60 special flu vaccination clinics throughout Chicago that will provide free flu shots. To make the clinics easy to find, CDPH launched an updated version of its online flu clinic finder last month, which can be found at <http://chicagoflushots.org/>. CDPH's flu prevention media campaign has also been launched, which features local professional athletes and legendary Bears coach Mike Ditka. **Communicable Disease Control and Prevention**



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- On October 4, Mayor Rahm Emanuel visited the 75th new learning garden installed at Friedrich Ludwig Jahn Elementary School, as part of the Mayor's larger plan to increase access to learning gardens to infuse healthy habits, reverse trends in childhood obesity and diabetes, improve academic performance, and strengthen communities. One hundred learning gardens are being installed this year in schools across Chicago using \$1 Million in NATO Legacy Funds. [Obesity Prevention](#)



Mayor Emanuel joins students to help build the 75th new learning garden at Friedrich Ludwig Jahn Elementary School.

- Governor Pat Quinn launched *Get Covered Illinois* this month. Individuals, families, and small business owners can go to [GetCoveredIllinois.gov](http://GetCoveredIllinois.gov) to find information and sign up for health coverage under the Federal Affordable Care Act (ACA). Residents must enroll by December 15th in order to obtain coverage on January 1. [Access to Care](#)

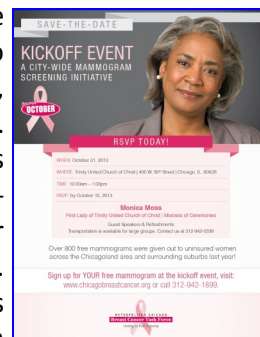
## Healthy Chicago Grant News

The Chicago Department of Public Health received the following new grant awards:

- \$700,000 from Atlantic Philanthropies to fund delegate agencies for the Enroll CPS project to bring school children and their families into primary care and enroll them in health insurance
- \$829,654 from CDC for supplemental immunization funds to promote the use of HPV vaccine for adolescents
- \$10,000 from Oral Health America to be used for printing support for the Dental Sealant program

## Getting the Word Out

- Beyond October!, an initiative of the Metropolitan Chicago Breast Cancer Task Force, kicks off on October 31, 2013. Beyond October! emphasizes the importance of mammograms beyond breast cancer awareness month in October. Over 900 free mammograms have been donated by area hospitals so far, and will be provided to women who do not have insurance that covers mammography. The Beyond October! kickoff event takes place at Trinity United Church of Christ. To learn more, including how to sign up for a free mammogram, go to <http://www.chicagobreastcancer.org/>. [Cancer Disparities](#)



# Implementation Update - October 2013

## Healthy Chicago Public Schools

### Obesity Prevention

- Over 450 principals have nominated a Wellness Champion this school year to help implement Learn WELL at their schools.
- Six Learn WELL Workshops focusing on building a wellness team were offered to Wellness Champions and Wellness Team members.
- HealthTeacher.com, an interactive, online curriculum was launched throughout the district to implement comprehensive health and nutrition education. Lessons align with Common Core and cover the most relevant youth health issues like bullying, obesity, physical activity and depression and are built for seamless classroom integration. To date, 1500 staff have viewed the curriculum and 7 pilot schools have received training.
- Completed the School Health Index with 23 of 25 Nutrition Education Pilot schools to assess school needs in implementing healthy eating and active living programs at their schools.

### Access to Care

- Convened school-based health center external stakeholders to develop a new CPS School-Based Health Center Policy.
- Completed vision and hearing screenings for all 234 Head Start Classrooms that required services.
- Hosted initial Diabetes Delegated Care Aide (DCA) training with 71 attendees and an enhanced follow-up training for 41 existing DCAs.

### HIV Prevention

- Identified and invited 25 priority schools to participate as "initiative" schools that will receive extra resources and support around HIV/STI prevention.
- Finalized and released the K-12 Sexual Health Curriculum that incorporates school feedback and aligns with National Sexuality Standards and the CPS Sexual Health Education Policy.

### School Health Infrastructure

- Received a \$2.25 million Department of Education Physical Education Program (PEP) grant (over three years) to support implementation of high-quality physical education across the district.
- Received grants totaling \$200,000 from the Chicago Community Trust to support implementation and evaluation of the Learn WELL initiative for the 2013-2014 school year.
- Received \$82,500 from Blue Cross Blue Shield's Healthy Kids, Healthy Families grant program to support 10 minutes of classroom-based physical activity in over 30 schools.
- Attended Centers for Disease Control and Prevention (CDC), Department of Adolescent and School Health (DASH), School-Based HIV/STI Prevention and Surveillance Initiative orientation in Atlanta.
- Disseminated Middle School Youth Risk Behavior (YRBS) surveillance packets to all 42 schools in the sample frame.
- Convened Health and Wellness Materials Review Committee (MRC) and reviewed and approved 11 partners.

Get involved in the Healthy Chicago movement!

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