



## FACEBOOK

Nicotine is an addictive substance & almost all e-cigarettes contain nicotine. Even some products that claim to be nicotine-free still may contain the drug #VapingTruth <http://ow.ly/TvvqF>

Newer e-cigarette devices, especially “tank” styles with higher voltage, also deliver a greater concentration of nicotine. This matters because the more nicotine used, the greater the potential for addiction #VapingTruth <http://ow.ly/TvvqF>

Nicotine, the primary psychoactive ingredient in e-liquid, stimulates pleasure pathways in the brain. It is a highly addictive neurotoxin that is as addictive as heroin and cocaine <http://ow.ly/TuuFu>

Marketing of products such as e-cigarettes can increase nicotine addiction among young people and may lead kids to try other tobacco products #VapingTruth <http://ow.ly/TuGEj>

## TWITTER

Nicotine is an addictive substance & almost all e-cigarettes contain nicotine #VapingTruth <http://ow.ly/TvsBk>

Nicotine addiction is the most common form of addiction in the U.S. #VapingTruth <http://ow.ly/SuGow>

Nicotine dependence is a condition that often requires repeated treatments #VapingTruth <http://ow.ly/SuI7L>

Evidence is sufficient to infer that at high-enough doses nicotine has acute toxicity #VapingTruth <http://ow.ly/SuKiu>

Nicotine exposure at a young age may cause lasting harm to brain development & promotes addiction #VapingTruth <http://ow.ly/SuKWe>



## Facebook

"Chemicals linked with severe respiratory disease found in common e-cigarette flavors" <http://ow.ly/VUjcr>  
#VapingTruth

Pregnant and breastfeeding women, children and teens should never use e-cigarettes or be exposed to the aerosol due to the harm nicotine may cause on brain development #VapingTruth  
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2746456/>

E-cigarettes produce an aerosol, not water vapor. The aerosol is a mixture of chemicals and small particles that can hurt the lungs just like cigarette smoke #VapingTruth  
<http://www.acphd.org/media/374387/e-cigarette-flyer-eng.pdf>

E-liquids contain nicotine, flavoring agents, propylene glycol and toxic chemicals known to cause cancer, birth defects and other reproductive harm #VapingTruth <http://ow.ly/TuEQw>

More than half of the calls to poison centers due to e-cigarettes involved young children under age 5, and about 42 percent of the poison calls involved people age 20 and older #VapingTruth <http://ow.ly/TuCAI>

Research shows e-cigarettes may contain toxic chemicals and potentially harmful nanoparticles with formaldehyde, benzene, and other carcinogens in their vapors #VapingTruth <http://ow.ly/Tv5PJ>

## Twitter

"Chemicals linked with severe respiratory disease found in common e-cigarette flavors" <http://ow.ly/VUjcr>  
#VapingTruth

Vaping contains #nicotine and other potentially harmful #chemicals that can cause #cancer & more #VapingTruth <http://ow.ly/SxaPV>

More than half of the calls to poison centers due to e-cigarettes involved children under age 5 #VapingTruth <http://ow.ly/TuCAI>

Call @ILPoisonCenter at 1-800-222-1222 if #eliquid is swallowed, gets on the skin or eyes #VapingTruth

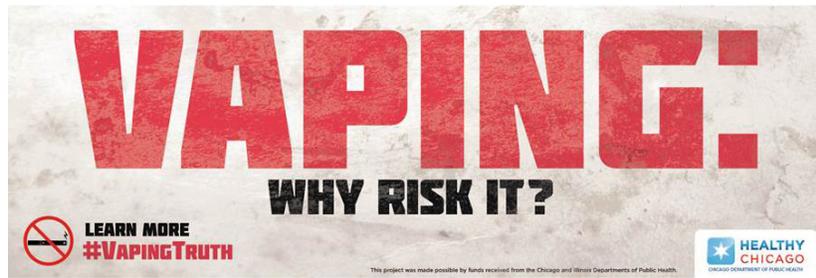
Harmful constituents have been documented in some e-cig cartridges, including irritants, genotoxins & animal carcinogens #VapingTruth <http://ow.ly/SxInL>

Vaping can be a source of indoor air pollution #VapingTruth <http://ow.ly/TsxeY>

E-cigarettes do not just emit "harmless water vapor" #VapingTruth  
<http://ow.ly/TuEQw>

"The liquid nicotine used in e-cigarettes can be hazardous" #VapingTruth <http://ow.ly/TuCAI>

The most common adverse health effects mentioned in e-cigarette poisoning reports were vomiting, nausea and eye irritation #VapingTruth <http://ow.ly/TuCAI>



## Facebook

Because clinical studies about the safety of e-cigarettes have not been submitted to the U.S. Food and Drug Administration (FDA), you have no way of knowing: <http://ow.ly/SxdIW> #VapingTruth

- If they are safe
- Which chemicals they contain
- How much nicotine you are inhaling

“It is unclear whether e-cigarettes may be effective as smoking-cessation aids. There is also the possibility that they could perpetuate the nicotine addiction and thus interfere with quitting” #VapingTruth <http://ow.ly/Tvqr9>

There is evidence that nicotine’s adverse effects on adolescent brain development could result in lasting deficits in cognitive function #VapingTruth <http://ow.ly/TuC0J>

The number of never-smoking youth who used e-cigarettes increased from 79,000 in 2011 to more than 263,000 in 2013 #VapingTruth <http://ow.ly/TuE6V>

FDA issued warning letters to five distributors of electronic cigarettes for violations of the Federal Food, Drug, and Cosmetic Act (FDCA). These violations included unsubstantiated claims and poor manufacturing practices #VapingTruth <http://ow.ly/Tvr7G>

Adverse Event Reports for E-Cigarettes include pneumonia, congestive heart failure, disorientation, seizure & more #VapingTruth <http://ow.ly/TvrAX>

## Twitter

E-cigarettes are entirely unregulated by the U.S. Food and Drug Administration @FDATobacco #VapingTruth <http://ow.ly/Tvs3z>

Studies show that e-cigarettes do not help people quit smoking cigarettes. Instead, many people end up using both products #VapingTruth <http://ow.ly/Tvset>

Scientists found that e-cigarette use is associated with significantly lower odds of quitting cigarettes <http://ow.ly/TswSr>

Marketing of products such as e-cigarettes can increase nicotine addiction among young people #VapingTruth <http://ow.ly/TuGEj>

“E-Cigarette Use May Be Gateway to Conventional Smoking” #VapingTruth <http://ow.ly/Tvh2A>

“It is unclear whether e-cigarettes may be effective as smoking-cessation aids” #VapingTruth <http://ow.ly/Tvqr9>