Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2013 – 12/31/2013 Coverage for: ALL | Plan Type: HMO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.bcbsil.com or by calling 1-800-892-2803.

Important Questions	Answers	Why this Matters:		
What is the overall deductible?	\$0	See the chart starting on page 2 for your costs for services this plan covers.		
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.		
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	No.	There's no limit on how much you could pay during a coverage period for your share of the cost of covered services.		
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, prescription copayments, balance-billed charges and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .		
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.		
Does this plan use a network of providers?	Yes. For a list of participating providers, see www.bcbsil.com or call 1-800-892-2803.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some of the costs of covered services. Be aware, your in-network doctor or hospital may use out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how plan pays different kinds of <u>providers</u> .		
Do I need a referral to see a specialist?	Yes.	This plan will pay some or all of the costs to see a specialist for covered services but only if you have the plan's permission before you see the specialist .		
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .		

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If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can you

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Participating <u>providers</u> by charging you lower <u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u> amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$20 copay per visit	Not Covered	
If you visit a health care provider's office or clinic	Specialist visit	\$20 copay per visit	Not Covered	D - C1
	Other practitioner office visit	\$20 copay per visit	Not Covered	Referral required.
	Preventive care/screening/immunization	No Charge	Not Covered	
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	Defended accorded
	Imaging (CT/PET scans, MRIs)	No Charge	Not Covered	Referral required.

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If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bcbsil.com	Generic drugs	\$10 copay retail Prescription / \$20 copay mail order prescription	Not Covered	Retail: 30 day supply. Mail Order: 90 day supply. Dispensing limit may apply to certain drugs.
	Preferred brand drugs	\$30 copay retail Prescription / \$60 copay mail order prescription	Not Covered	Retail: 30 day supply. Mail Order: 90 day supply. Dispensing limit may apply to certain drugs. Payment of the difference between the cost of a brand name drug and a generic may be required if a generic drug is available.
	Non-preferred brand drugs	\$45 copay retail prescription	Not Covered	Retail: 30 day supply. Mail order is not available. Dispensing limit may apply to certain drugs. Payment of the difference between the cost of a brand name drug and a generic may be required if a generic drug is available.
	Specialty drugs	Covered	Not Covered	Coverage based on group policy. Prior authorization may be required.
If you have outpatient surgery If you need immediate medical attention	Facility fee (e.g., ambulatory surgery center)	\$20 copay per visit	Not Covered	Referral required.
	Physician/surgeon fees	No Charge	Not Covered	referrar required.
	Emergency room services	\$100 copay per visit	Not Covered	Copay waived if patient is admitted.
	Emergency medical transportation	No Charge	Not Covered	Ground transportation only.

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	Urgent care	No Charge	Not Covered	Must be affiliated with member's chosen medical group or referral required.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$20 copay per admission	Not Covered	Referral required.
nospitai stay	Physician/surgeon fee	No Charge	Not Covered	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$20 copay per visit	Not Covered	
	Mental/Behavioral health inpatient services	\$20 copay per admission	Not Covered	Patagral gagging
	Substance use disorder outpatient services	\$20 copay per visit	Not Covered	Referral required.
	Substance use disorder inpatient services	\$20 copay per admission	Not Covered	
If you are pregnant	Prenatal and postnatal care	\$20 copay	Not Covered	Copay applies to first prenatal visit only.
	Delivery and all inpatient services	\$20 copay per admission	Not Covered	

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	Home health care	No Charge	Not Covered	Referral required.
	Rehabilitation services	No Charge	Not Covered	60 visits combined for all therapies.
If you need help recovering or have other special health needs	Habilitation services	No Charge	Not Covered	Referral required.
	Skilled nursing care	No Charge	Not Covered	Up to 120 days per year. Referral required. Excludes custodial care.
	Durable medical equipment	No Charge	Not Covered	D - C 1
	Hospice service	No Charge	Not Covered	Referral required.
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	Benefits available through Davis
	Glasses	Not Covered	Not Covered	Vision.
	Dental check-up	Not Covered	Not Covered	Benefits available through CompBenefits.

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

Cosmetic surgery

Hearing aids

• Non-emergency care when traveling outside the U.S.

Custodial care services

• Long-term care

Routine foot care

Dental care (Adult and children)

• Routine eye care (Adult and children)

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Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Acupuncture

• Infertility treatment

Private duty nursing

• Bariatric surgery

Chiropractic care

- Most coverage provided outside the United States. See bcbsil.com
- Weight loss programs (except when non-medically supervised

Your Rights to Continue Coverage: If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-892-2803. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights: If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact a Customer Service representative to help you file your appeal. Please contact Customer Service at 1-800-892-2803. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Consumer Assistance Program at 1-877-527-9431 (which is run by the Illinois Department of Insurance).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-772-6895.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-772-6895.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-772-6895.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-772-6895.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,330
- Patient pays \$210

Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Patient pays:

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Deductibles	\$0
Copays	\$60
Coinsurance	\$0
Limits or exclusions	\$150
Total	\$210

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$4,150
- Patient pays \$880

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

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Deductibles	\$0
Copays	\$800
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$880

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.