MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
June 15, 2009		June 16, 2009		June 17, 2009		June 18, 2009		June 19, 200	9
AMERICAN CHEESE ON RYE	BREAD	CHEF'S CHOICE SALAD		PEANUT BUTTER & JELLY V SANDWICH		TORTILLAS WITH BLACK B	EAN &	YOGURT & GRANOLA TR	AIL MIX
American Cheese	2 oz.	Garden Salad Blend				Black Bean & Corn Salad	4 oz.	Yogurt	4 oz.
Light Rye Bread	1.8 oz.	American Cheese	1 oz.	Graham Bar	2 oz.	Tortillas 4"	2.22 oz.	Granola Trail Mix	1.5 oz.
Seasonal Fresh Fruit	1/2 c.	Tomato	.5 oz	Garden Salad	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Seasonal Fresh Fruit	1/2 c.
100% Fresh Fruit Juice	4 oz.	Fresh Carrots	1.6 oz.	Applesauce	1/2 c.	Granola Trail Mix	1.5 oz.	100% Fresh Fruit Juice	4 oz.
Mustard	5.5 gm.	Wheat Dinner Roll	1.8 oz.	Pumpkin Seeds	1 oz.	Cheese Stick	1 oz.	1% Chocolate Milk	1/2 pt.
1% Chocolate Milk	1/2 pt.	Sunflower Seeds	1 oz.	Fat Free French Dressing	12 gm.	1% White Milk	1/2 pt.		
		Lite Ranch Dressing 1% White Milk	1 oz. 1/2 pt.	1% Chocolate Milk	1/2 pt.				
		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	., 2 pt.						

June 22, 2009		June 23, 2009		June 24, 2009		June 25, 2009		June 26, 2009	
HUMMUS WITH TORTILLAS		AMERICAN CHEESE ON WI		SOUTHWEST SALAD		PEANUT BUTTER & JELLY V		MAKE YOUR OWN CHEESE POCKETO	PIZZA
Hummus	1/2 c.	American Cheese	2 oz.	Garden Salad Blend	3 oz.	Peanut Butter & Jelly		Whole Wheat Pita Bread	42 gm.
Tortillas 4"	2.22 oz	Wheat Bread	1.8 oz.	Grated Cheddar Cheese	1 oz.	Graham Bar	2 oz.	Grated Mozzarella Cheese	2 oz.
Strawberry Applesauce	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Black Beans	1/4 c.	Seasonal Fresh Fruit	1/2 c.	Garden Salad	1/2 c.
100% Fresh Fruit Juice	4 oz.	100% Fresh Fruit Juice	4 oz.	Fresh Carrots	1.6 oz.	100% Fresh Fruit Juice	4 oz.	Italian Pizza Sauce	2.25 oz.
1% White Milk	1/2 pt.	Fat Free Mayonnaise	12 gm.	Cornbread	62 g.	Pumpkin Seeds	1 oz.	Fat Free French Dressing	12 gm.
		1% Chocolate Milk	1/2 pt.	Picante Sauce	1 oz.	1% Chocolate Milk	1/2 pt.	1% White Milk	1/2 pt.
				1% White Milk	1/2 pt.				
					·				

June 29, 2009		June 30, 2009		July 1, 2009		July 2, 2009		July 3, 2009
CHEDDAR CHEESE ON A POT WITH CHIPOTLE SAUCE		COBB SALAD		YOGURT & GRANOLA TRA		CHEF'S CHOICE SALAD		
Cheddar Cheese Slice	2 oz.	Garden Salad Blend	3 oz.	Yogurt	4 oz.	Garden Salad Blend	3 oz.	Independence Day
Potato Roll	1.375 oz.	Kidney Beans	1/4 c.	Granola Trail Mix	1.5 oz.	American Cheese	1 oz.	
Seasonal Fresh Fruit	1/2 c.	Grated Cheddar Cheese	1 oz.	Seasonal Fresh Fruit	1/2 c.	Tomato	.5 oz	
Fresh Carrots	1.6 oz.	Tomato	.5 oz	100% Fresh Fruit Juice	4 oz.	Fresh Carrots	1.6 oz.	Observed
Ancho Chipotle Sauce	12 gm.	Pears	1/2 c.	1% Chocolate Milk	1/2 pt.	Wheat Dinner Roll	1.8 oz.	
1% Chocolate Milk	1/2 pt.	Wheat Dinner Roll	1.8 oz.			Sunflower Seeds	1 oz.	
	•	Lite Ranch Dressing	1 oz.			Lite Ranch Dressing	1 oz.	````
		1% White Milk	1/2 pt.			1% White Milk	1/2 pt.	

Packaging: Menu items, including milk, will be packed in single-serve boxes. The single-serve boxes will be delivered in master cartons.

MONDAY		TUESDAY		WEDNESDAY	′	THURSDAY		FRIDAY	
July 6, 2009		July 7, 2009		July 8, 2009		July 9, 2009		July 10, 2009	
PEANUT BUTTER & JELLY WAR						HUMMUS WITH TORTILLAS		SOUTHWEST SALAD	
Peanut Butter & Jelly		American Cheese	2 oz.	Black Bean & Corn Salad	4 oz.	Hummus	1/2 c.	Garden Salad Blend	3 oz.
Graham Bar	2 oz.	Light Rye Bread	1.8 oz.	Tortillas 4"	2.22 oz.	Tortillas 4"	2.22 oz	Grated Cheddar Cheese	1 oz.
Seasonal Fresh Fruit	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Strawberry Applesauce	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Black Beans	1/4 c.
100% Fresh Fruit Juice	4 oz.	100% Fresh Fruit Juice	4 oz.	Granola Trail Mix	1.5 oz.	100% Fresh Fruit Juice	4 oz.	Fresh Carrots	1.6 oz.
Pumpkin Seeds	1 oz.	Mustard		Cheese Stick	1 oz.	1% Chocolate Milk	1/2 pt.	Cornbread	62 g.
1% White Milk	1/2 pt.	1% Chocolate Milk	1/2 pt.	1% White Milk	1/2 pt.			Picante Sauce	1 oz.
								1% White Milk	1/2 pt.

July 13, 2009		July 14, 2009		July 15, 2009		July 16, 2009		July 17, 2009	
CHEDDAR CHEESE ON A KAI	SER ROLL					AMERICAN CHEESE ON WI	HEAT	MAKE YOUR OWN CHEESE	PIZZA
WITH CHIPOTLE SAUCE		YOGURT & GRANOLA TRAI	L MIX	COBB SALAD		BREAD		POCKETO	
Cheddar Cheese Slice	2 oz.	Yogurt	4 oz.	Garden Salad Blend	3 oz.	American Cheese	2 oz.	Whole Wheat Pita Bread	42 gm.
Kaiser Roll	1.8 oz.	Granola Trail Mix	1.5 oz.	Kidney Beans	1/4 c.	Wheat Bread	1.8 oz.	Grated Mozzarella Cheese	2 oz.
Pears	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Grated Cheddar Cheese	1 oz.	Seasonal Fresh Fruit	1/2 c.	Garden Salad	1/2 c.
100% Fresh Fruit Juice	4 oz.	100% Fresh Fruit Juice	4 oz.	Tomato	.5 oz	Fresh Carrots	1.6 oz.	Italian Pizza Sauce	2.25 oz.
Ancho Chipotle Sauce	12 gm.	1% White Milk	1/2 pt.	Seasonal Fresh Fruit	1/2 c.	Fat Free Mayonnaise	12 gm.	Fat Free French Dressing	12 gm.
1% Chocolate Milk	1/2 pt.			Wheat Dinner Roll	1.8 oz.	1% White Milk	1/2 pt.	1% Chocolate Milk	1/2 pt.
				Lite Ranch Dressing	1 oz.				
				1% Chocolate Milk	1/2 pt.				

July 20, 2009		July 21, 2009		July 22, 2009		July 23, 2009		July 24, 2009	
YOGURT & GRANOLA TRAIL MI	x	PEANUT BUTTER & JELLY V SANDWICH	VAFER	CHEF'S CHOICE SALAD		AMERICAN CHEESE ON R	YE BREAD	TORTILLAS WITH BLACK B	EAN &
Yogurt	4 oz.	Peanut Butter & Jelly		Garden Salad Blend	3 oz.	American Cheese	2 oz.	Black Bean & Corn Salad	4 oz.
Granola Trail Mix	1.5 oz.	Graham Bar	2 oz.	American Cheese	1 oz.	Light Rye Bread	1.8 oz.	Tortillas 4"	2.22 oz.
Seasonal Fresh Fruit	1/2 c.	Garden Salad	1/2 c.	Tomato	.5 oz	100% Fresh Fruit Juice	4 oz.	Seasonal Fresh Fruit	1/2 c.
100% Fresh Fruit Juice	4 oz.	Applesauce	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Cinnamon Applesauce	1/2 c.	Granola Trail Mix	1.5 oz.
1% White Milk	1/2 pt.	Pumpkin Seeds	1 oz.	Wheat Dinner Roll	1.8 oz.	Mustard	5.5 gm.	Cheese Stick	1 oz.
		Fat Free French Dressing	12 gm.	Sunflower Seeds	1 oz.	1% Chocolate Milk	1/2 pt.	1% White Milk	1/2 pt.
		1% Chocolate Milk	1/2 pt.	Lite Ranch Dressing	1 oz.				
				1% White Milk	1/2 pt.				

Packaging: Menu items, including milk, will be packed in single-serve boxes.

The single-serve boxes will be delivered in master cartons.

MONDAY		TUESDAY		WEDNESDAY	7	THURSDAY		FRIDAY	
July 27, 2009		July 28, 2009		July 29, 2009		July 30, 2009		July 31, 2009	
MAKE YOUR OWN CHEESE P POCKETO Whole Wheat Pita Bread Grated Mozzarella Cheese Seasonal Fresh Fruit Italian Pizza Sauce 1% Chocolate Milk	42 gm. 2 oz. 1/2 c. 2.25 oz.	HUMMUS WITH TORTILLAS Hummus Tortillas 4" Cinnamon Applesauce 100% Fresh Fruit Juice 1% White Milk	2.22 oz 1/2 c. 4 oz.	SOUTHWEST SALAD Garden Salad Blend Grated Cheddar Cheese Black Beans 100% Fresh Fruit Juice Cornbread Picante Sauce 1% Chocolate Milk	3 oz. 1 oz. 1/4 c. 4 oz. 62 g. 1 oz. 1/2 pt.	CHEDDAR CHEESE ON A K WITH CHIPOTLE SAUCE Cheddar Cheese Slice Kaiser Roll Seasonal Fresh Fruit Fresh Carrots Ancho Chipotle Sauce 1% White Milk	2 oz. 1.8 oz. 1/2 c. 1.6 oz. 12 gm.	CHEF'S CHOICE SALAD Garden Salad Blend American Cheese Tomato Seasonal Fresh Fruit Wheat Dinner Roll Sunflower Seeds Lite Ranch Dressing 1% Chocolate Milk	3 oz. 1 oz. .5 oz 1/2 c. 1.8 oz. 1 oz. 1 oz. 1/2 pt.

August 3, 2009		August 4, 2009		August 5, 2009	9	August 6, 2009		August 7, 2009	
AMERICAN CHEESE ON WHE	EAT BREAD	COBB SALAD		YOGURT & GRANOLA TRA	AIL MIX	CHEF'S CHOICE SALAD		PEANUT BUTTER & JELLY V SANDWICH	WAFER
American Cheese	2 oz.	Garden Salad Blend	3 oz.	Yogurt	4 oz.	Garden Salad Blend	3 oz.	Peanut Butter & Jelly	
Wheat Bread	1.8 oz.	Kidney Beans	1/4 c.	Granola Trail Mix	1.5 oz.	American Cheese	1 oz.	Graham Bar	2 oz.
Strawberry Applesauce	1/2 c.	Grated Cheddar Cheese	1 oz.	Seasonal Fresh Fruit	1/2 c.	Tomato	.5 oz	Garden Salad	1/2 c.
100% Fresh Fruit Juice	4 oz.	Tomato	.5 oz	100% Fresh Fruit Juice	4 oz.	Seasonal Fresh Fruit	1/2 c.	Seasonal Fresh Fruit	1/2 c.
Fat Free Mayonnaise	12 gm.	Pears	1/2 c.	1% White Milk	1/2 pt.	Wheat Dinner Roll	1.8 oz.	Pumpkin Seeds	1 oz.
1% White Milk	1/2 pt.	Wheat Dinner Roll	1.8 oz.			Sunflower Seeds	1 oz.	Fat Free French Dressing	12 gm.
		Lite Ranch Dressing	1 oz.			Lite Ranch Dressing	1 oz.	1% White Milk	1/2 pt.
		1% Chocolate Milk	1/2 pt.			1% Chocolate Milk	1/2 pt.		

August 10, 2009		August 11, 2009		August 12, 2009		August 13, 2009		August 14, 200	9
AMERICAN CHEESE ON RYE	BREAD	TORTILLAS WITH BLACK BI		MAKE YOUR OWN CHEESE POCKETO		HUMMUS WITH TORTILLAS		SOUTHWEST SALAD	
American Cheese	2 oz.	Black Bean & Corn Salad	4 oz.	Whole Wheat Pita Bread	42 gm.	Hummus	1/2 c.	Garden Salad Blend	3 oz.
Light Rye Bread	1.8 oz.	Tortillas 4"	2.22 oz.	Grated Mozzarella Cheese	2 oz.	Tortillas 4"	2.22 oz	Grated Cheddar Cheese	1 oz.
100% Fresh Fruit Juice	4 oz.	Seasonal Fresh Fruit	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Cinnamon Applesauce	1/2 c.	Black Beans	1/4 c.
Peaches	1/2 c.	Granola Trail Mix	1.5 oz.	Italian Pizza Sauce	2.25 oz.	100% Fresh Fruit Juice	4 oz.	Fresh Carrots	1.6 oz.
Mustard	5.5 gm.	Cheese Stick	1 oz.	1% Chocolate Milk	1/2 pt.	1% White Milk	1/2 pt.	Cornbread	62 g.
1% Chocolate Milk	1/2 pt.	1% White Milk	1/2 pt.					Picante Sauce	1 oz.
								1% Chocolate Milk	1/2 pt.

Packaging: Menu items, including milk, will be packed in single-serve boxes. The single-serve boxes will be delivered in master cartons.

MONDAY		TUESDAY		WEDNESDA	Υ	THURSDAY		FRIDAY	
August 17, 2009		August 18, 2009)	August 19, 200	9	August 20, 2009)	August 21, 200	09
PEANUT BUTTER & JELLY WAS SANDWICH				AMERICAN CHEESE ON W BREAD	HEAT	CHEDDAR CHEESE ON A K WITH CHIPOTLE SAUCE	AISER ROLL	YOGURT & GRANOLA TRA	AIL MIX
Peanut Butter & Jelly		Garden Salad Blend	3 oz.	American Cheese	2 oz.	Cheddar Cheese Slice	2 oz.	Yogurt	4 oz.
Graham Bar	2 oz.	Kidney Beans	1/4 c.	Wheat Bread	1.8 oz.	Kaiser Roll	1.8 oz.	Granola Trail Mix	1.5 oz.
Seasonal Fresh Fruit	1/2 c.	Grated Cheddar Cheese	1 oz.	Seasonal Fruit	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Seasonal Fresh Fruit	1/2 c.
100% Fresh Fruit Juice	4 oz.	Tomato	.5 oz	100% Fresh Fruit Juice	4 oz.	Fresh Carrots	1.6 oz.	100% Fresh Fruit Juice	4 oz.
Pumpkin Seeds	1 oz.	Pears	1/2 c.	Fat Free Mayonnaise	12 gm.	Ancho Chipotle Sauce	12 gm.	1% White Milk	1/2 pt.
1% White Milk	1/2 pt.	Wheat Dinner Roll	1.8 oz.	1% White Milk	1/2 pt.	1% Chocolate Milk	1/2 pt.		
		Lite Ranch Dressing 1% Chocolate Milk	1 oz. 1/2 pt.						

August 24, 2009		August 25, 200	9	August 26, 2009)	August 27, 2009		August 28, 200	9
MAKE YOUR OWN CHEESE F	PIZZA	AMERICAN CHEESE ON R	YE BREAD	TORTILLAS WITH BLACK B		PEANUT BUTTER & JELLY V	VAFER	SOUTHWEST SALAD	
Whole Wheat Pita Bread	42 gm.	American Cheese	2 oz.	Black Bean & Corn Salad	4 oz.	Peanut Butter & Jelly		Garden Salad Blend	3 oz.
Grated Mozzarella Cheese	2 oz.	Light Rye Bread	1.8 oz.	Tortillas 4"	2.22 oz.	Graham Bar	2 oz.	Grated Cheddar Cheese	1 oz.
Applesauce	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Garden Salad	1/2 c.	Black Beans	1/4 c.
Italian Pizza Sauce	2.25 oz.	100% Fresh Fruit Juice	4 oz.	Granola Trail Mix	1.5 oz.	Seasonal Fresh Fruit	1/2 c.	Fresh Carrots	1.6 oz.
1% Chocolate Milk	1/2 pt.	Mustard	5.5 gm.	Cheese Stick	1 oz.	Pumpkin Seeds	1 oz.	Cornbread	62 g.
		1% White Milk	1/2 pt.	1% Chocolate Milk	1/2 pt.	Fat Free French Dressing	12 gm.	Picante Sauce	1 oz.
						1% White Milk	1/2 pt.	1% Chocolate Milk	1/2 pt.
							•		•

August 31, 2009		September 1, 200	9	September 2, 2009		September 3, 200	9	September 4, 20	009
AMERICAN CHEESE ON RYE E	BREAD	CHEF'S CHOICE SALAD		HUMMUS WITH TORTILLAS		YOGURT & GRANOLA TRAI		CHEDDAR CHEESE ON A I	KAISER ROLL
American Cheese	2 oz.	Garden Salad Blend	3 oz.	Hummus	1/2 c.	Yogurt	4 oz.	Cheddar Cheese Slice	2 oz.
Light Rye Bread	1.8 oz.	American Cheese	1 oz.	Tortillas 4"	2.22 oz	Granola Trail Mix	1.5 oz.	Kaiser Roll	1.8 oz.
Seasonal Fresh Fruit	1/2 c.	Tomato	.5 oz	Strawberry Applesauce	1/2 c.	Seasonal Fresh Fruit	1/2 c.	Seasonal Fresh Fruit	1/2 c.
100% Fresh Fruit Juice	4 oz.	Seasonal Fresh Fruit	1/2 c.	100% Fresh Fruit Juice	4 oz.	100% Fresh Fruit Juice	4 oz.	Fresh Carrots	1.6 oz.
Mustard	5.5 gm.	Wheat Dinner Roll	1.8 oz.	1% White Milk	1/2 pt.	1% Chocolate Milk	1/2 pt.	Ancho Chipotle Sauce	12 gm.
1% White Milk	1/2 pt.	Sunflower Seeds	1 oz.					1% White Milk	1/2 pt.
		Lite Ranch Dressing	1 oz.						
		1% Chocolate Milk	1/2 pt.						

Packaging: Menu items, including milk, will be packed in single-serve boxes. The single-serve boxes will be delivered in master cartons.