

**AMENDMENT TO THE
CITY OF CHICAGO MEDICAL PPO PLAN FOR POLICE
(EFFECTIVE JANUARY 1, 2021 OR AS OTHERWISE SPECIFIED)**

For sworn police officers below the rank of sergeant and represented by the Fraternal Order of Police

(As amended and restated effective as of January 1, 2015)

This Amendment to the Plan, as amended and restated effective as of January 1, 2015, (herein the “Plan”) is adopted effective as of the dates stated below. Except as amended herein, the Plan shall continue in full force and effect in accordance with its terms.

1. **Outpatient visits for physical therapy and for mental health and substance abuse treatment:** Effective July 1, 2021, outpatient visits for physical therapy and for mental health and substance abuse treatment must be Certified by the Medical Advisor after the first ten visits total for physical therapy (from one or more providers) and after the first ten visits total for mental health or substance abuse treatment (from one or more provides) each Calendar Year. If the Medical Advisor is not contacted, the Plan will not pay benefits beyond the first ten visits. However, calling the Medical Advisor is not a guarantee of payment.
2. **Prescription Drug Deductible:** Effective January 1, 2021, there will be a separate Family Deductible of \$100 per family applicable to prescription drugs.
3. **TCOYH:** Effective January 1, 2021, the Taking Control of Your Health Diabetes Management Program is no longer available.

However, the diabetes disease management program offered by the Plan’s Medical Advisor remains in place. If Plan participants participate in and comply with the requirements of this program, they will continue to qualify for

- Free or very low cost generic diabetes medications and supplies, as well as free or very low cost generic ACE inhibitors and ARB medications (blood pressure medications), and
- Reduced Copayments for brand diabetes medications and supplies and ACE inhibitor and ARB medications.