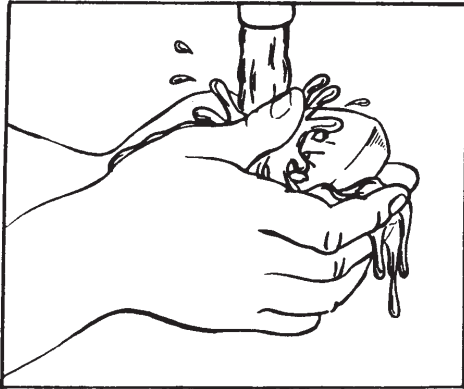
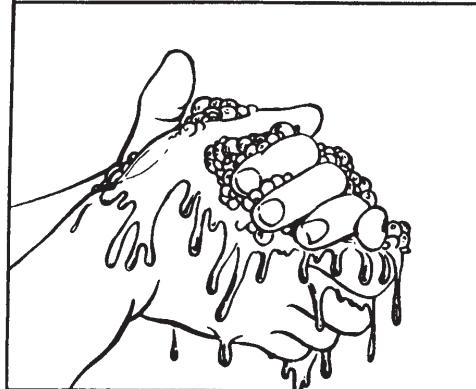


WASHING YOUR HANDS

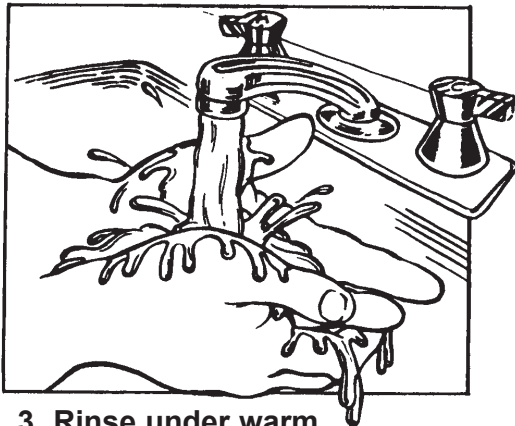
Chicago Department of Public Health



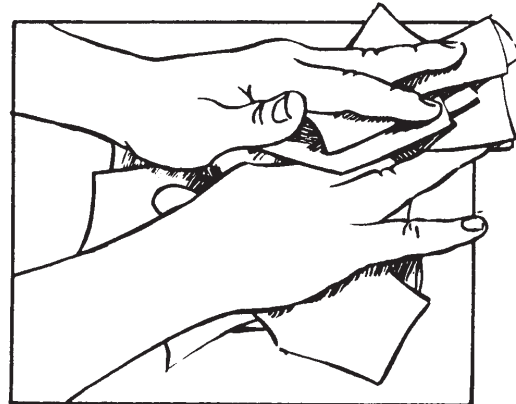
1. Wet hands with soap and warm water.



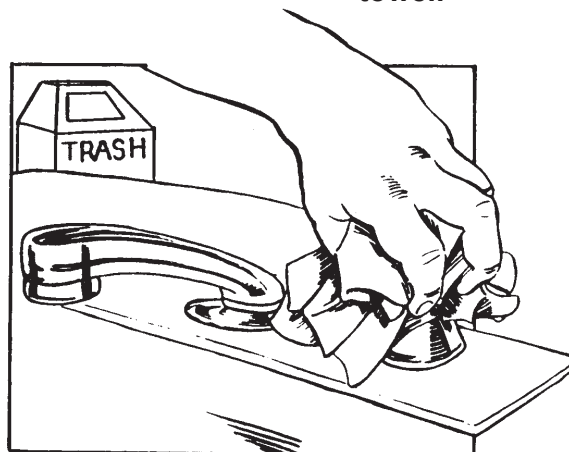
2. Rub hands for 20 seconds. Get under fingernails and between fingers.



3. Rinse under warm running water.



4. Dry hands on your own clean towel.



5. Turn off water with paper towel. Throw towel away.



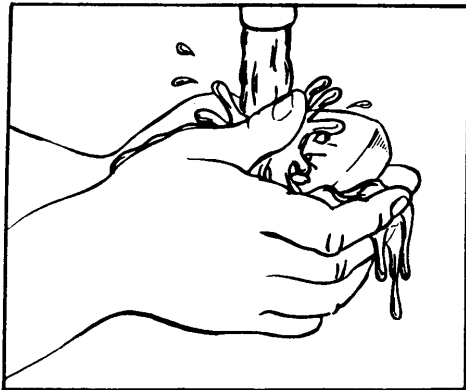
City of Chicago
Mayor Rahm
Emanuel



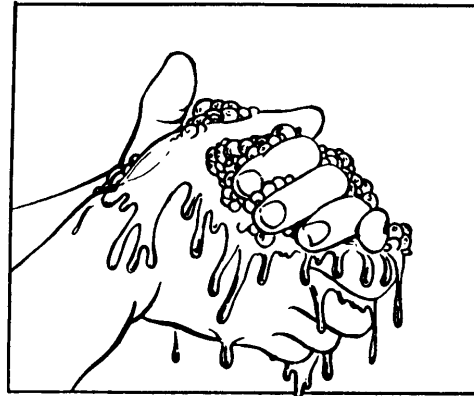
Julie Morita, M.D.
Commissioner

LAVESE LAS MANOS

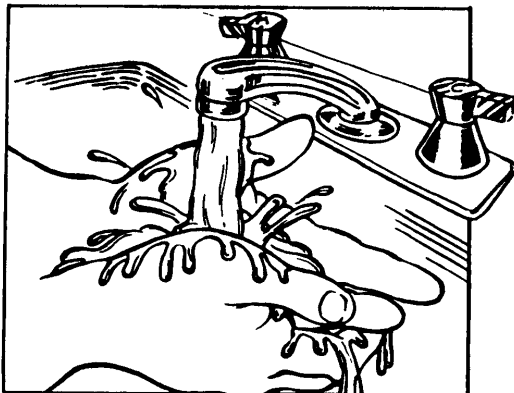
Departamento de Salud Pública de Chicago



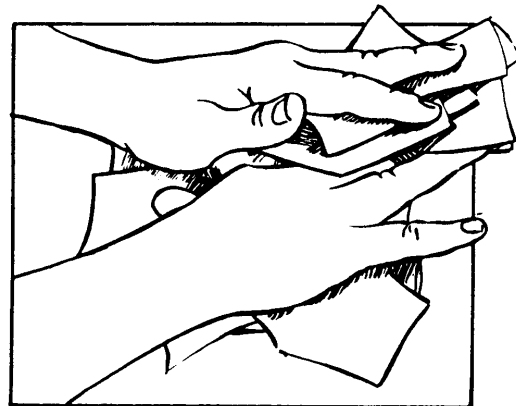
1. Moje las manos con agua tibia y jabón.



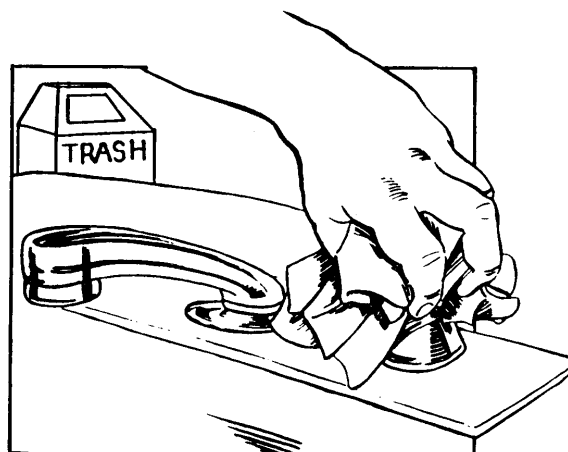
2. Enjabonese las manos por 20 segundos. Limpie bajo las uñas y entre los dedos.



3. Enjuaguese las manos con agua tibia.



4. Sequese las manos con una toalla de papel limpia.



5. Cierre la llave del agua con una toalla de papel. Tire la toalla.



Ciudad de Chicago
Alcalde Rahm Emanuel



**HEALTHY
CHICAGO**

Departamento de Salud Pública de Chicago
Julie Morita, M.D.
Comisionado