VICTIMS WHO NEED IMMEDIATE EMERGENCY ASSISTANCE SHOULD ALWAYS CALL 911.

City of Chicago
Domestic Violence Help Line

• Functions as a clearinghouse for Domestic Violence Victims Services.
• Links a victim to a program that meets the victim’s needs.
• Is staffed by trained domestic violence advocates 24 hours a day, 7 days a week.
• Is multilingual.
• All Calls Are Confidential.

The Help Line advocates provide victims with immediate information about their options, and directs victims to community based service providers including shelters, counseling, legal advocacy, and civil legal services.

The Help Line also accepts inquiries from police officers, prosecutors, medical personnel and service providers.

Domestic Violence Safety Plan

Safety at home, in public or at work

- Develop a safety plan.
- Inform those you trust of your situation. Leave copies of important papers with a friend or family member.
- Consider obtaining an order of protection. This is a court order from a judge ordering the abuser to do or to stop doing certain acts. You can get an order of protection even if you are living with your abuser. If you have an order of protection, keep it with you. Give copies to your employer, and school officials. Make sure security staff is told of the order of protection.
- Make sure your children’s school or day care center knows who is authorized to pick up your children. Let them know who is NOT authorized.
- If your abuser has stalked or threatened you, change your routes to and from work.
- Have a bag packed and ready and keep it in a secure place. Consider taking: money, checkbook, social security card, passport, driver’s license, green card, etc., birth certificates for you and your children, insurance papers, medications, school records, Order of Protection, divorce papers, lease, keys, address book, jewelry and favorite toys.
- Plan an escape route and practice it.
- Develop a code word to use with your family and friends to let them know when you need the police.